

NYAPRS Virtual 2020 Annual Conference

September 22 & 24, 2020

September 29 & October 1, 2020

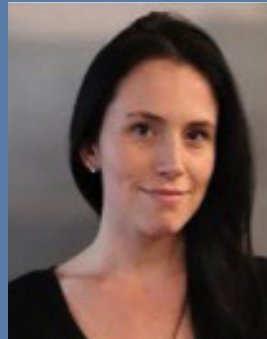
RISE UP! Community, Connection, Culture

Register Today at <https://tinyurl.com/y5s5935p>



Dr. David Satcher

16th Surgeon General of the United States



Kelly Davis

Mental Health America



Hawk Newsome

Black Lives Matter of Greater New York



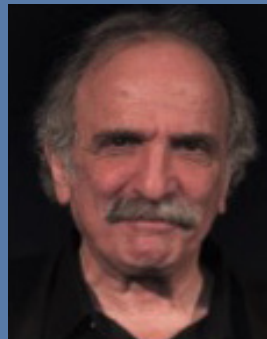
Peggy Swarbrick

University Behavioral Health Care/Rutgers Health



Ann Sullivan

NYS Office of Mental Health



Harvey Rosenthal

NYAPRS



Amanda Saake

NYS Office of Mental Health



Neville Morris

Coordinated Care Services, Inc.



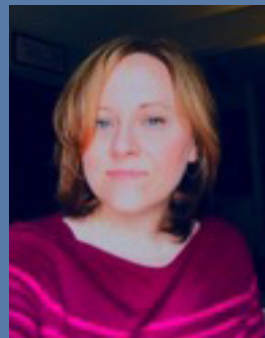
Chacku Mathai

Center for Practice Innovations



Vesper Moore

Kiva Centers



Liz Breier

The Coalition for Behavioral Health



Jonathan Edwards

National Association of Peer Supporters

*Featuring Stand Up for Mental Health!
Open Mic, Yoga, Cultural Bash & Fashion Show*

Welcome NYAPRS Community!

We are very pleased to welcome you to our NYAPRS' 38th Annual Conference, "Rise Up! Community, Connection, Culture."

In recognition of how valued the NYAPRS' Annual Conference has been to so many for so long, we are thrilled to be able to offer the conference virtually and to feature keynote presentations from Dr. David Satcher, the 16th Surgeon General of the United States, and a panel that will include Hawk Newsome, chairman, Black Lives Matter of Greater New York.

At the same time, this year's NYAPRS Conference will continue to offer a special time to reflect and connect and to restore and replenish our spirits during these unprecedented times. You can also count on us to feature that unique spirit of celebration and lineup of very special events and speakers that is our trademark.

And what's a NYAPRS conference without some timely presentations from pioneers Peggy Swarbrick, Gayle Bluebird, Deborah Trueheart, Lenora Reid-Rose, Celia Brown, Luis Lopez, Chacku Mathai, Paul Margolies, Teena Brooks, Edye Schwartz and many more!

OMH Commissioner, Ann Sullivan and Amanda Saake, Special Assistant to the Commissioner, will hold an OMH Town Hall where you can share your concerns, hopes and recommendations and help shape New York's mental health system in the coming years.

Finally, in keeping with the NYAPRS tradition, the Conference will once more offer two evenings of fun and inspiration with some of your favorites including a special concert and Open Mic with Michael Skinner, the Best of David Granirer's Stand Up for Comedy, another joyous session of Healing Through Hip Hop, our extraordinary Multicultural Exhibition, Diversity Bash and Fashion Show, Resilience and Story Circles and Zumba!

We are so glad you are joining with thousands of others from around New York and the globe to "Rise Up" together.

On behalf of our Conference Committee, the NYAPRS' Board of Directors, and our dedicated staff, we offer you a very warm welcome to our 38th Annual Conference...this is one for the ages!

*Luis Lopez
Traci Plouffe*

Conference Co-Chairs

Raymond

Chief Executive Officer

Len Statham

Chief Operating Officer

NYAPRS 38th Annual Conference

RISE UP! Community, Connection, Culture

At-A-Glance

Tuesday, September 22

10:15am	Yoga with Dagny https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtr3C62w
10:45am	Guided Meditation https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtr3C62w
11:00am	Prelude https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtr3C62w
11:15am	Welcome Remarks https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtr3C62w
11:30am	Keynote I Looking Back, Looking Ahead: The NYAPRS Vision in Action, Harvey Rosenthal https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtr3C62w
12:45pm	Interlude https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtr3C62w
1:15pm	Workshops Round 1 <ul style="list-style-type: none"> • Practicing Self-Compassion https://zoom.us/j/98088383074?pwd=RHBUUkdKb2pERiFibHJibGxoTDRaZz09 • How to Introduce Anti-Racist Policies in Our Agency https://us02web.zoom.us/meeting/register/tZEkc-6pqjoqGNTh5kbZqak9hn9hT5My_rC9 • Supervising from Home https://us02web.zoom.us/j/83122236405?pwd=cSsyK2VyRk9QSWNtNEdTRHI3UzFGQT09 • Cultural Exhibit, https://us02web.zoom.us/meeting/register/tZllcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw
2:30pm	Interlude
2:45pm	Workshops Round 2 <ul style="list-style-type: none"> • Using the Arts and Peer Support to Advance Healing & Recovery https://us02web.zoom.us/j/88512056067 • COVID-19: A Catalyst for Change https://zoom.us/meeting/register/tJ0rc-urrj0vHdKeOUzEl6pWlkxByHrIECr • Federal Policy and National Advocacy Update https://us02web.zoom.us/webinar/register/WN_dqcXdfm2Q3ajbvZUMXuJEg • Cultural Exhibit, https://us02web.zoom.us/meeting/register/tZllcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw
4:00pm	Town Hall Meeting https://us02web.zoom.us/webinar/register/WN_dqcXdfm2Q3ajbvZUMXuJEg
5:00pm	Closing Comments https://us02web.zoom.us/webinar/register/WN_dqcXdfm2Q3ajbvZUMXuJEg

Don't forget to join us each day for a Guided Meditation at 10:45am

NYAPRS 38th Annual Conference

RISE UP! Community, Connection, Culture

At-A-Glance

Thursday, September 24

10:15am	Yoga with Dagny https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
10:45am	Guided Meditation https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
11:00am	Prelude https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
11:15am	Welcome Remarks https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
11:30am	Keynote II All Hands-on Deck: Black Lives Matter! Hawk Newsome https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
12:45pm	Interlude https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
1:15pm	Workshops Round 3 <ul style="list-style-type: none"> • Take Charge! of Your Goals with Wellness Coaching https://us02web.zoom.us/j/87582401527?pwd=TjRBQ016RFE0SVR4WEhMTDQ3b3l1UT09 • CenterPeace: Strategies for Resilience and Post Traumatic Growth https://us02web.zoom.us/meeting/register/tZMtde6srz8rGtFX4cn_bB5whErK0d0Gmf2z • Pronouns Matter, https://us02web.zoom.us/meeting/register/tZ0kce6vrDwqEtCLYe9p5gjiqnEXBLipj3N5 • Cultural Exhibit, https://us02web.zoom.us/meeting/register/tZlIcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw
2:30pm	Interlude
2:45pm	Workshops Round 4 <ul style="list-style-type: none"> • National Practice Guidelines for Peer Specialists and Supervisors https://zoom.us/j/97938997013?pwd=MVgzS1lqVDVUY3YxQmgvN0U50GN0UT09 • Laughter is the Best Medicine, https://us02web.zoom.us/j/82442978953 • Transforming Recovery Services https://us02web.zoom.us/webinar/register/WN_ifg07-A8RrCgwW0PQGkU5g • Cultural Exhibit, https://us02web.zoom.us/meeting/register/tZlIcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw
4:00pm	Closing Comments https://us02web.zoom.us/webinar/register/WN_ifg07-A8RrCgwW0PQGkU5g
6:00pm	Prelude https://us02web.zoom.us/webinar/register/WN_ZUAX_EvDRcGWIB7sKit9dg
6:15pm	Welcome Remarks https://us02web.zoom.us/webinar/register/WN_ZUAX_EvDRcGWIB7sKit9dg
6:30pm	Evening Program <ul style="list-style-type: none"> • Stand Up for Mental Health https://us02web.zoom.us/webinar/register/WN_ZUAX_EvDRcGWIB7sKit9dg • Open Mic with Mike Skinner https://us02web.zoom.us/meeting/register/tZMrfuqqrTgsGt0yoMgBGG0PPmTSE16zkUXQ • Honoring Circle https://us02web.zoom.us/j/85667356439?pwd=ZmZBUmRiV3VaRTAzbWRUUIlwQldzUT09 • Film: James Baldwin's 'I am Not Your Negro' https://zoom.us/meeting/register/tJcjd-uvrj4oHt3bJYtNs7V4YmsuYZzDV_KY

Don't forget to visit the Multicultural Exhibition at
<https://us02web.zoom.us/meeting/register/tZlIcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw>

NYAPRS 38th Annual Conference

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At-A-Glance

Tuesday, September 29

10:15am	Yoga with Dagny https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
10:45am	Guided Meditation https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
11:00am	Prelude https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
11:15am	Welcome Remarks https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
11:30am	Keynote III Mental Health Challenges of the COVID-19 Pandemic Dr. David Satcher, 16 th Surgeon General of the United States, https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
12:45pm	Interlude https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
1:15pm	Workshops Round 5 <ul style="list-style-type: none"> Surviving Race: Intersection of Injustice, Disability and Human Rights https://us02web.zoom.us/j/89273719019?pwd=c2ZsT1Ntb25ZdU1iUkIQVlIwd0N6Zz09 New Services in a New Normal https://us02web.zoom.us/meeting/register/tZUod-mgrzwiG9FinAhDtgopfmg6t1r3jfv3 Recovering the Art of Resilience https://zoom.us/j/97664189007?pwd=NmE5UWVZNOYrMGE5WW5qWEZFSXVsUT09 Cultural Exhibit, https://us02web.zoom.us/meeting/register/tZlIcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw
2:30pm	Interlude
2:45pm	Workshops Round 6 <ul style="list-style-type: none"> From Hardship to Hope: Peer-led Strategies to Foster Employment and Financial Wellness https://zoom.us/meeting/register/tJwof-2gqTIsE9AEeuSHrEHlZFh2NMI3L95c The Wellness Guide to Overcoming Isolation During COVID: Being Connected, Staying Connected, and Choosing Connection https://us02web.zoom.us/j/82431242140 Ouch that Hurts! Microaggressions and Oppression https://us02web.zoom.us/webinar/register/WN_WZUdybMaRMCx-9BMge-_Hg Cultural Exhibit, https://us02web.zoom.us/meeting/register/tZlIcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw
4:00pm	NYAPRS Annual Meeting https://zoom.us/meeting/register/tJwrceCgpzsvEtY5nkEHdb2v76ikm7FAuLzU
5:00pm	Diversity Bash with Fashion Show https://us02web.zoom.us/webinar/register/WN_ANelpCAPQ1eDHD27ZGnLmg
6:00pm	Prelude https://us02web.zoom.us/webinar/register/WN_ANelpCAPQ1eDHD27ZGnLmg
6:15pm	Welcome Remarks https://us02web.zoom.us/webinar/register/WN_ANelpCAPQ1eDHD27ZGnLmg
6:30pm	Evening Program 1 <ul style="list-style-type: none"> Resilience and Story Circles https://us02web.zoom.us/j/87187832965?pwd=Y2tDR1p3N2RLVWnkMTNvOStwTXRuQT09 A concert with Michael Skinner https://us02web.zoom.us/meeting/register/tZMrfuqqrTgsGt0yoMgBGGOPPmTSE16zkUXQ Zumba, https://cbhi.zoom.us/j/92926619583
7:30pm	Interlude
7:45pm	Evening Program 2 <ul style="list-style-type: none"> Trauma and Healing Through Hip Hop https://us02web.zoom.us/webinar/register/WN_MOHoCD_kRpyufguwPhIEFQ Resilience and Story Circles continued https://us02web.zoom.us/j/87187832965?pwd=Y2tDR1p3N2RLVWnkMTNvOStwTXRuQT09 Open Mic with Mike Skinner https://us02web.zoom.us/meeting/register/tZMrfuqqrTgsGt0yoMgBGGOPPmTSE16zkUXQ

NYAPRS 38th Annual Conference

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At-A-Glance

Thursday, October 1

10:15am	Yoga with Dagny https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
10:45am	Guided Meditation https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
11:00am	Prelude https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
11:15am	Welcome Remarks https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
11:30am	NYAPRS 2020 Awards Ceremony https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
12:45pm	Interlude https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTzr3C62w
1:15pm	Workshops Round 7 <ul style="list-style-type: none"> • Revolutionizing Young Adult Peer Support: Autonomy, Advocacy & Liberation https://us02web.zoom.us/j/88597305662 • Leadership in Uncertain Times https://zoom.us/j/98855342490?pwd=dnVBRmVuL3QzUmIWyYmJNYWZ0bzBKQT09 • Developing a Personal Wellness vision for Self-Care https://us02web.zoom.us/j/81639831092?pwd=Y0preVp4MCM9S2UhgVW1RUE0rZ0V3UT09 • Cultural Exhibit https://us02web.zoom.us/meeting/register/tZlIcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw
2:30pm	Interlude
2:45pm	Workshops Round 8 <ul style="list-style-type: none"> • Finding a Path Forward with The Real Team https://zoom.us/meeting/register/tJEoceCrrT4sGNWU4tZmNmMT3JKnR9_IhC9d • Walking the Fine Line https://us02web.zoom.us/webinar/register/WN_8ck7YWtkSk6nmZuqrH7f6A • Surviving Racial Trauma and Promoting Resiliency in Our Communities https://us02web.zoom.us/meeting/register/tZEsf-qsqDouHN0vtUNawzzbsKaK2hjSM5-K • Cultural Exhibit https://us02web.zoom.us/meeting/register/tZlIcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw
4:00pm	Raffle and Closing Comments https://us02web.zoom.us/webinar/register/WN_8ck7YWtkSk6nmZuqrH7f6A

We are offering continuing education (CE) hours for Social Work, Mental Health Counseling, CPRP, CRCC and Certified Peers. You will be provided with a link in order to complete an evaluation after each workshop.

2020 NYAPRS Award Winners

LIFETIME ACHIEVEMENT AWARD

The Lifetime Achievement Award is presented to an individual who has a lifelong record of exemplary contributions to the recovery, rehabilitation, and rights of New Yorkers with psychiatric disabilities

BILL ANTHONY, GEORGE EBERT and CLIFF ZUCKER

FRANCES OLIVERO ADVOCACY AWARD

The Frances Olivero Advocacy Award is presented to an individual who has put forth inspiring community leadership and advocacy on behalf of New Yorkers with psychiatric disabilities.

JENNIFER PARISH

BRENDAN NUGENT LEADERSHIP AWARD

The Brendan Nugent Leadership Award is presented to an inspiring peer leader for their efforts to promote and advocate for the empowerment of people New Yorkers with psychiatric disabilities

AMANDA SAAKE and RITA CRONISE

MARTY SMITH MEMORIAL AWARD

The Marty Smith Memorial Award is presented to an organization that has made exemplary contributions to the advancement of best practices to New Yorkers with psychiatric disabilities.

FEDERATION OF ORGANIZATIONS

JASON BRODY FAITH & FELLOWSHIP AWARD

The Jason Brody Award is presented to an individual who has been an extraordinary source of kindness, caring and devotion to people within their mental health community.

JULIE BURROUGHS ERDMAN

QUINCY BOYKIN MEMORIAL AWARD

The Quincy Boykin award is presented to an individual who has made inspiring contributions to the recovery, empowerment, and integration of the full diversity of New Yorkers with psychiatric disabilities.

DR. DEBORAH WILCOX

PUBLIC EDUCATION AWARD

The Public Education Award is presented to an individual in recognition of their exemplary efforts to educate the public about the priorities and accomplishments of New Yorkers with psychiatric disabilities.

DAN CLARK

PUBLIC POLICY LEADERSHIP AWARD

The Public Policy Leadership Award is presented to an individual who has demonstrated outstanding public leadership on behalf of New Yorkers with psychiatric disabilities.

CONGRESSMAN PAUL TONKO

NYAPRS 38th Annual Conference

RISE UP! Community, Connection, Culture

September 22 & 24, 2020
September 29 & October 1, 2020

Program

Tuesday, September 22

- 10:15 am **Yoga with Dagny**
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3C62w
- 10:45 am **Guided Meditation with Ruth Colón-Wagner, NYAPRS**
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3C62w
- 11:00 am **Prelude**
Musical Introduction, Photo Gallery, Featured Sponsors
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3C62w
- 11:15 am **Welcome Remarks**
Luis Lopez, Traci Ploufe, Harvey Rosenthal, Len Statham
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3C62w

11:30-12:45 pm **Keynote I**

Looking Back, Looking Ahead: The NYAPRS Vision in Action, Harvey Rosenthal
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3C62w

- 12:45 pm **Interlude/Lunch or Breakfast**
Music, Photo Gallery, Featured Sponsors
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3C62w

1:15-2:30 pm **Workshops Round I**

- 101 **Practicing Self-Compassion**
<https://zoom.us/j/98088383074?pwd=RHBUUkdKb2pERlFibHJibGxoTDRaZz09>
Many people have experienced discrimination and received damaging messages about who they are or their experiences. People in the helping professions can help reduce the impact of those messages, but may still experience guilt, shame, or other painful emotions about their past, present, or future. Self-compassion can help people move through these experiences and life challenges while still being kind to themselves, improving their wellbeing and reducing stress and anxiety. This session will explore the research on self-compassion, how you can use it in your own life, and how you can teach and share these tools with the people you support.
Kelly Davis, Mental Health America

Be sure to join us for Yoga each day at 10:15am.

102

How to Introduce Anti-Racist Policies in Our Agency

<https://us02web.zoom.us/join/83122236405?pwd=cSsyK2VyRk9QSWNtNEdTRHl3UzFGQT09>

While there is growing interest in understanding how social factors drive poor health outcomes, identification of structural racism as a root cause of health inequities have largely been neglected. Based on our commitment to social justice and social change, the ACT Institute started their own process of education and transformation in the areas of systemic racism and anti oppression work. The ACT Institute will share their process and lessons learned in introducing discussions about anti-racist practices and policies associated with the practice of Assertive Community Treatment.

Pascale Jean-Noel, Helle Thorning, Luis Lopez, *Center for Practice Innovations*

103

Supervising from Home

<https://us02web.zoom.us/j/83122236405?pwd=cSsyK2VyRk9QSWNtNEdTRHl3UzFGQT09>

With the Coronavirus and the accompanying Stay at Home orders, we've had to shift rather quickly to deliver services differently. Along with these changes, comes the assumption that we, as supervisors, will adjust as well, regardless of whether we've ever provided remote supervision to a workforce that is now working remotely. This workshop will provide supervisors with guidance and the opportunity to learn from one another about remote supervision – strategies to lead their teams, support them emotionally and to ensure the work continues.

Ruth Colón-Wagner, *NYAPRS*

104

Cultural Exhibit Room

<https://us02web.zoom.us/join/83122236405?pwd=cSsyK2VyRk9QSWNtNEdTRHl3UzFGQT09>

2:30 pm

Interlude/Lunch

Music, Photo Gallery and Featured Sponsors

2:45-4:00 pm

Workshops Round 2

105

Using the Arts and Peer Support to Advance Healing & Recovery

<https://us02web.zoom.us/j/88512056067>

Eager for a change of pace in these extraordinary times? Join us for a fun, informative and experiential workshop focused on healing through the arts. You will learn ways to be creative for healing trauma and emotional experiences as well to combat isolation while keeping safe at home. Get out your colored pens and paper as you will be guided to create simple creative activities meant for anyone, whether you describe yourself as creative or not.

Gayle Bluebird, Deborah Trueheart

The NYAPRS Cultural Competence Committee welcomes all conference participants to celebrate with us at our annual Cultural Fashion show taking place on Tuesday, September 29 at 5:00 pm during the Cultural Diversity Bash!

106

COVID-19: A Catalyst for Change

<https://zoom.us/join/zoom/register/tJ0rc-urrj0vHdKeOUzEl6pWlKxByHrllECr>

The recent unprecedented COVID-19 public health crisis has significantly impacted in-person mental health services to members. Members are experiencing impacts to emotional and mental well-being during the crisis. Restrictions on social movement and guidelines on social distancing makes traditional face-to-face provision of services extremely challenging. Beacon Health Options is responding to the crisis by providing a safe, and effective Virtual Peer Group that meet the needs of our members while maximizing the inherent strengths of staff peer specialists.

Clarence Jordan and Lisa Kugler, *Beacon Health*

107

Federal Policy and National Advocacy Update

https://us02web.zoom.us/webinar/register/WN_dqcXdfm2Q3ajbvZUMXuJEg

Three of the nation’s top mental health advocates will be providing their expert analysis around a number of our most pressing concerns, including the fate of federal COVID relief discussions over whether to send desperately needed funds to states and localities that fund community behavioral health services; strategies to address health disparities; the aftermath of the murders of George Floyd and Daniel Prude; Olmstead rights, congregate care settings and COVID-19; and policing reforms. Come get their sense as to what we can expect and what steps can we all take to advance our shared agenda!

Chuck Ingoglia, *National Council*; **Ron Manderscheid**, *National Association of County Behavioral Health & Developmental Disability Directors*; **Jennifer Mathis**, *Bazelon Center for Mental Health Law*, Moderator: **Harvey Rosenthal**, *NYAPRS*

108

Cultural Exhibit Room

<https://us02web.zoom.us/meeting/register/tZllcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw>

4:00 pm

NYS Mental Health Town Hall

https://us02web.zoom.us/webinar/register/WN_dqcXdfm2Q3ajbvZUMXuJEg

Come share your candid concerns, hopes and recommendations with top state government leaders to help shape New York’s mental health system in the coming years.

Ann Sullivan, *NYS Office of Mental Health Commissioner*; **Amanda Saake**, *Special Assistant to the Commissioner*

5:00 pm

Closing Comments and Raffle

https://us02web.zoom.us/webinar/register/WN_dqcXdfm2Q3ajbvZUMXuJEg

Thursday, September 24

10:15 am

Yoga with Dagny

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtzt3C62w

10:45 am

Guided Meditation with Ruth Colón-Wagner, NYAPRS

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtzt3C62w

11:00 am

Prelude

Musical Introduction, Photo Gallery, Featured Sponsors

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtzt3C62w

11:15 am

Welcome Remarks

Luis Lopez, Traci Ploufe, Harvey Rosenthal, Len Statham

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtzt3C62w

11:30-12:45 pm Keynote II

All Hands-on Deck: Black Lives Matter!

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtr3C62w

The presenters will explore the impact of centuries of racist beliefs, policies and practices and will identify strategies to address them across our society and especially within local communities and mental health and criminal justice systems from across the nation.

Hawk Newsome, *Chairman, Black Lives Matter of Greater New York*; **Jeff McQueen**, *Mental Health Association of Nassau County*; **Chacku Mathai**, *Center for Practice Innovations*; **Celia Brown**, *NYS Office of Mental Health*; **Jerome Wright**, *New York Campaign for Alternatives to Isolated Confinement (CAIC)*
Moderator: **Harvey Rosenthal**, *NYAPRS*

1:00-1:15 pm

Interlude/Lunch

Music, Photo Gallery and Featured Sponsors

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtr3C62w

1:15-2:30 pm Round 3

109

Take Charge! of Your Goals with Wellness Coaching

<https://us02web.zoom.us/j/87582401527?pwd=TjRBQ016RFE0SVR4WEhMTDQ3b3lUT09>

Wellness coaching is a strengths-based approach that can empower individuals to achieve personal meaningful goals. This session will review wellness coaching components, process, and benefits for people living with or at risk of chronic health conditions. Learn about how the new Take Charge! A Workbook from PRA Well-Being can help support wellness coaching. Join us for this interactive workshop where we will discuss how wellness coaching can help you deepen your understanding of the value of wellness principles in supporting overall well-being, and start the development of action plans to achieve personal wellness goals.

Peggy Swarbrick, *University Behavioral Health Care/Rutgers Health and Collaborative Support Programs of New Jersey's Wellness Institute*; **Crystal Brandow**, *Policy Research Associates*

110

CenterPeace: Strategies for Resilience and Post Traumatic Growth

https://us02web.zoom.us/meeting/register/tZMtde6srz8rGtFX4cn_bB5whErKOd0Gmf2z

In this interactive workshop we will explore the unique meaning of resilience and post-traumatic growth and discuss how we might share these concepts with people we support. We will also discuss the links between adverse events and the growth that emerges from those experiences, which make us stronger and more centered. We will solicit ideas and offer various strategies for returning to our center and becoming more resilient following adversity.

Rita Cronise, **Michelle Zechner**, *Rutgers University Department of Psychiatric Rehabilitation*; **Lori Ashcroft**, *Resilience, Inc.*

111

Pronouns Matter

<https://us02web.zoom.us/meeting/register/tZ0kce6vrDwqEtCLYe9p5gjqnEXBLipj3N5>

This presentation will provide an introduction to why the use of pronouns is so critical and explore its impact on the LGBTQIA+ community & POC intersections.

Kyle Williams, *CPI Intern, Howie the Harp Graduate*; **Abbe Duke**, *Center for Practice Innovations*

We are offering continuing education (CE) hours for Social Work, Mental Health Counseling, CPRP, CRCC and Certified Peers. You will be provided with a link in order to complete an evaluation after each workshop.

112

Cultural Exhibit Room

<https://us02web.zoom.us/join/97938997013?pwd=MVgzS1lqVDVUY3YxQmguN0U5OGNOUT09>

2:30 pm

Interlude/Lunch

Music, Photo Gallery and Featured Sponsors

2:45-4:00 pm

Round 4

113

National Practice Guidelines for Peer Specialists and Supervisors

<https://zoom.us/j/97938997013?pwd=MVgzS1lqVDVUY3YxQmguN0U5OGNOUT09>

The National Practice Guidelines for Peer Specialists and Supervisors was developed to educate the workforce on the core values of peer support and what they look like in practice. The original guidelines achieved near consensus within the peer support workforce. Last year the National Association of Peer Supporters (NAPS) developed and released a set of companion guidelines that includes the role of the supervisor in promoting the core values with practical tips on ways in which supervisors and peer specialists can work together to align job tasks and provide support services that remain true to the core values of peer support.

Jonathan P. Edwards, *National Association of Peer Supporters*; **Joanne Forbes**, *Baltic Street AEH*; **Rita Cronise**, *Rutgers University Department of Psychiatric Rehabilitation, Academy of Peer Services*; **Ivanna Bond**, *Director, NYC Peer Workforce Coalition*

114

Laughter is the Best Medicine: Healing through Humor

<https://us02web.zoom.us/j/82442978953>

We are living in a time of uncertainty and unrelenting change and disruption. Whether it be the impact of COVID 19, racism and civil unrest or just the challenges of living in the 21st Century, there appears to be an overwhelming sense of dismay and apprehension. The science of laughter has been shown to be effective on our overall health and mental health. Join us for a discussion and a belly laugh as we discuss the benefits of humor and how it can lighten our load in a world of trials.

Rob Statham, Larry Hochwald, *NYAPRS*

115

Transforming Recovery and Rehabilitation Services in New York

https://us02web.zoom.us/webinar/register/WN_IJg07-A8RrCgwW0PQGkU5g

NYS is making significant shifts in program design and service delivery as we realize new opportunities to provide recovery-oriented services and supports. Policies have changed rapidly to keep pace with the Covid-19 crisis, pushing the State and behavioral health service providers to discover and develop emerging best practices in telemental health and community-based interventions. PROS programs and Adult Behavioral Health (HCBS) have had the time and experience to envision new ways to best engage individuals and support their recoveries during this time. As we approach 2021, more changes are in store, including the transition of BH HCBS to Community-Oriented Recovery and Empowerment (CORE) Services! Join us for a presentation and discussion centered on the future of rehabilitation and recovery-oriented services in New York.

Nicole Haggerty and panel, *NYS Office of Mental Health*

116

Cultural Exhibit Room

<https://us02web.zoom.us/join/97938997013?pwd=MVgzS1lqVDVUY3YxQmguN0U5OGNOUT09>

4:00 pm

Closing Comments

Raffle, Photo Gallery, Featured Sponsors and Music

https://us02web.zoom.us/webinar/register/WN_IJg07-A8RrCgwW0PQGkU5g

Thursday evening, September 24

6:00 pm

Prelude

Musical Introduction, Photo Gallery, Featured Sponsors

https://us02web.zoom.us/webinar/register/WN_ZUAX_EvDRcGWlB7sKit9dg

6:15 pm

Welcome Remarks

Luis Lopez, Traci Ploufe, Harvey Rosenthal, Len Statham

https://us02web.zoom.us/webinar/register/WN_ZUAX_EvDRcGWlB7sKit9dg

6:30-8:45 pm Evening Program 1

- **Stand Up for Mental Health!** with **David Granirer** and company
https://us02web.zoom.us/webinar/register/WN_ZUAX_EvDRcGWlB7sKit9dg
- **Open Mic** with **Michael Skinner**
<https://us02web.zoom.us/meeting/register/tZMrfuqqrTgsGt0yoMgBGG0PPmTSE16zkUXQ>
- **Honoring Circle: Reconnecting into Ourselves and Connecting With Others**
<https://us02web.zoom.us/j/85667356439?pwd=ZmZBUmRiV3VaRTAzbWRUUltwQldzUT09>
Lauren Spiro, Rita Cronise et al
- **Film: James Baldwin's 'I'm Not Your Negro'**
https://zoom.us/meeting/register/tJcrd-uvrj4oHt3bJYtNs7V4YmsuYZzDV_KY

Tuesday, September 29

10:15 am

Yoga with Dagny

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3r3C62w

10:45 am

Guided Meditation with Ruth Colón-Wagner, NYAPRS

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3r3C62w

11:00 am

Prelude

Musical Introduction, Photo Gallery, Featured Sponsors

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3r3C62w

11:15 am

Welcome Remarks

Luis Lopez, Traci Ploufe, Harvey Rosenthal, Len Statham

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3r3C62w

Don't miss the hilarious comedy showcase 'Stand Up for Mental Health'
on September 24th at 6:30!

11:30-12:45 pm **Keynote III**

Mental Health Challenges of the COVID-19 Pandemic

David Satcher, 16th Surgeon General of the United States, Founding Director, Satcher Health Leadership Institute

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3C62w

12:45 pm

Interlude/Lunch or Breakfast

Music, Photo Gallery and Featured Sponsors

https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTt3C62w

1:15-2:30 pm **Round 5**

117

Surviving Race Intersection on Justice, Disability and Human Rights: Nonviolent Community Options to Policing

<https://us02web.zoom.us/j/89273719019?pwd=c2ZsT1Ntb25ZdU1iUklQVIwd0N6Zz09>

Celia Brown and Jen Padron encourage the prioritization and proactive utilization of Certified Peer Specialists in Nonviolent Community options and how to develop/bridge relationships and grow partnerships with clinical providers. We will discuss tactics and strategies focused on Nonviolent Community Options to 911/988 Policing and Crisis Intervention point of contacts (e.g., Knocks on Doors, Welfare Checks, Involuntary Commitment Orders and Placements). We present Surviving Race strategies to stop police brutality and killings of individuals affected by psychiatric histories.

Celia Brown, NYS Office of Mental Health; Jen Padron, Jen Padron and Associates

118

New Services in a New Normal

<https://us02web.zoom.us/meeting/register/tZUod-mgrzwiG9FinAhDtgopfm6t1r3jfu3>

The consequences of COVID-19 in communities have been overwhelming. Everything was impacted by COVID-19, forcing us to stop, re-evaluate and re-establish what we do-and how we do it. This workshop will provide some ideas, guidance, and very creative ways to work within the boundaries of COVID-19: the new normal. The facilitators will review telehealth, returning to the office, working in the community, and wellness tools for both service recipients and providers.

Luis Lopez, Dave Lowenthal, Paul Margolies, Tony Salerno, Center for Practice Innovations

119

Recovering the Art of Resilience

<https://zoom.us/j/97664189007?pwd=NmE5UWVZN0YrMGE5WW5qWEZFSXVsUT09>

Recovering from a major setback can be awful, yet it is still our job to address it. Each path in bouncing back has its own rules and knowing them increases our chance of winning. It is not enough to wait for the Joy that comes in the morning, sometimes we just have to go out there, find that 'joyship' and then become the captain. Come join us and gain some of the effective ways in bouncing back or simply, just boost what we already have.

Neville Morris, Coordinated Care Services, Inc.

120

Cultural Exhibit Room

<https://us02web.zoom.us/meeting/register/tZllcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw>

2:30 pm

Interlude

Music, Photo Gallery and Featured Sponsors

Don't forget to join us each day for a Guided Meditation at 10:45am

121

From Hardship to Hope: Peer-led Strategies to Foster Employment and Financial Wellness

[https://zoom.us/meeting/register/tJwof-2gqTIsE9AEeuSHrEHlzFH2NMI3L95c](https://zoom.us/join/zoom/register/tJwof-2gqTIsE9AEeuSHrEHlzFH2NMI3L95c)

The COVID19 pandemic has triggered levels of unemployment and financial hardship we have not seen since the Great Depression. Lack of work, inability to meet basic needs (e.g., housing, food), and difficulties repaying debts threaten the mental of individuals and communities. It is more important than ever for the public mental health system to support people in recovery to pursue employment and overall financial wellness.

This workshop will offer concrete strategies and tools to engage individuals in a financial empowerment process, develop a Financial Wellness Action Plan, support them to navigate and utilize existing financial wellness supports (e.g., free and certified financial counseling, tax preparation assistance), and foster financial hope, an essential ingredient of recovery.

Len Statham, NYAPRS; Oscar Jiménez-Solomon, Center of Excellence for Cultural Competence, New York State Psychiatric Institute

122

The Wellness Guide to Overcoming Isolation During COVID: “Being Connected, Staying Connected, and Choosing Connection”

<https://us02web.zoom.us/j/82431242140>

As the COVID-19 pandemic continues, Americans are reporting high levels of emotional distress, with a growing negative impact on mental health and wellness. To support people who are struggling with isolation and loneliness during this difficult time, Advocates for Human Potential adapted their evidence-based Wellness Recovery Action Plan (WRAP) to produce a special publication that addresses these concerns. The Wellness Guide to Overcoming Isolation during COVID-19 provides practical guidance for overcoming feelings of isolation and loneliness by building connections with oneself and others. It is designed for self-exploration about being connected, staying connected, getting reconnected, and choosing connection even during difficult times.

Matthew Federici, Copeland Center; Kristin King, Advocates for Human Potential

123

Ouch that Hurts! Microaggressions and Oppression – NYAPRS Seminar

https://us02web.zoom.us/webinar/register/WN_WZUdybMaRMCx-9BMge-_Hg

Have you ever felt like you have to defend your entire race/ethnicity? Have you ever had to prove that your sexual orientation doesn't define everything about who you are? Have you ever had to defend your expertise because you are a woman? Then you have probably experienced microaggression. Microaggressions are harmful and they hurt individuals who belong to an oppressed group, for example, gay, lesbians, women especially non-white women. Often these messages are sent by well-intentioned people who are unaware of the hidden messages being communicated. Join us as we focus on why microaggressions are significant and that we are responsible for their harm; how they impact behaviors and ensuing outcomes in the workplace and how we can manage them and their impact. Learn how to recognize microaggressions and begin to address them in your organizational culture.

Lenora Reid-Rose, Director, Cultural Competency & Diversity Initiatives at Coordinated Care Services, Inc.; Nancy Sung Shelton, Coordinated Care Services, Inc.

124

Cultural Exhibit Room

<https://us02web.zoom.us/meeting/register/tZIlcu6vrzkqHtX80uVaUvi0jdHj5TEQn1Bw>

4:00 pm

NYAPRS Annual Meeting

<https://zoom.us/meeting/register/tJwrceCgpszvEtY5nkEHdb2v76ikm7FAuLzU>

Tuesday evening, September 29

5:00 pm

Diversity Bash with Fashion Show

https://us02web.zoom.us/webinar/register/WN_ANelPcAPQ1eDHD27ZGnLmg

6:00 pm

Prelude

Musical Introduction, Photo Gallery, Featured Sponsors

https://us02web.zoom.us/webinar/register/WN_ANelPcAPQ1eDHD27ZGnLmg

6:15 pm

Welcome Remarks

Luis Lopez, Traci Ploufe, Harvey Rosenthal, Len Statham

https://us02web.zoom.us/webinar/register/WN_ANelPcAPQ1eDHD27ZGnLmg

6:30-7:30 pm Evening Program 1

6:30-8:30pm

Resilience and Story Circles with **Dr. Deborah Wilcox**

<https://us02web.zoom.us/j/87187832965?pwd=Y2tDR1p3N2RLVWNkMTNvOSTwTXRuQT09>

Opens a space for participants to get actively involved in communicating life experiences and recovery stories through the art of storytelling in a safe, welcoming environment. Peers and providers will share lived experiences and healing journeys.

6:30 pm

Zumba!

<https://cbhi.zoom.us/j/92926619583>

Take a break from your day, & Workout for Wellness & Dance Your Way Out of Stress. In this Interactive Presentation you will see that Zumba can be for anyone regardless of ability or fitness level. You will discover the Holistic Wellness benefits & explore Community, Diversity, Culture & Inclusion. We will travel the world musically and that alone is worth the price of admission. You will also see how easy it is to incorporate into our busy lives and/or programs.

What you will need is good Wi-Fi connection, a sturdy chair, (for chair class demo), and some room to move in your workspace.

Greg Parnell, *Crestwood Behavioral Healthcare*

6:30 pm

A Concert with **Michael Skinner**, **Surviving Spirit**

<https://us02web.zoom.us/meeting/register/tZMrfuqqrTgsGt0yoMgBGGOPPmTSE16zkUXQ>

7:30 pm

Interlude

Music, Photo Gallery and Featured Sponsors

7:45-8:45 pm Evening Program 2

• Trauma and Healing Through Hip Hop

https://us02web.zoom.us/webinar/register/WN_MOHoCD_kRpyufguwPhIEFQ

The team is back to talk about the power of healing and recovery through Hip Hop. Each presenter will share their story and the music that supported them. This is a celebration of life with trauma survivors.

Luis Lopez, Celia Brown, Chacku Mathai et al

• Open Mic with **Michael Skinner**, **Surviving Spirit**

<https://us02web.zoom.us/meeting/register/tZMrfuqqrTgsGt0yoMgBGGOPPmTSE16zkUXQ>

Thursday, October 1

- 10:15 am **Yoga with Dagny**
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtzt3C62w
- 10:45 am **Guided Meditation with Ruth Colón-Wagner, NYAPRS**
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtzt3C62w
- 11:00 am **Prelude**
Musical Introduction, Photo Gallery, Featured Sponsors
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtzt3C62w
- 11:15 am **Welcome Remarks**
Luis Lopez, Traci Ploufe, Harvey Rosenthal, Len Statham
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtzt3C62w
- 11:30 am **NYAPRS 2020 Awards Ceremony**
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtzt3C62w
- 12:45 pm **Interlude/Lunch or Breakfast**
Music, Photo Gallery and Featured Sponsors
https://us02web.zoom.us/webinar/register/WN_xrorNzChS5qfTTtzt3C62w

1:15-2:30 pm Round 7

- 125 **Revolutionizing Young Adult Peer Support: Autonomy, Advocacy, & Liberation**
<https://us02web.zoom.us/j/88597305662>
This presentation will discuss the components of Young Adult Peer Support as they currently exist, challenges with the present structure, and efforts to revolutionize the work. Topics that will be discussed include understanding young adults as a social class, problems with tokenizing youth within services, and how to properly advocate with youth and young adults, all with an emphasis on youth liberation. There will be an opportunity for questions and discussion.
Vesper Moore and **Shayn McDonald** *Kiva Centers, Central Massachusetts REcovery Learning Community*
- 126 **Leadership in Uncertain Times**
<https://zoom.us/j/98855342490?pwd=dnVBRmVuL3QzUmlWYmJNYWZ0bzBKQT09>
Guiding organizations through times of crisis and recovery is only as successful as the leaders who guide them. Leaders who are creative, nimble, flexible, and open to communication will be better able to face the challenges that confront organizations in these uncertain times. This workshop will explore the importance of leadership and the particular attributes of leaders that contribute to organizational resiliency. Join us as we share the leadership qualities that enable an organization to think clearly and move ahead in times of crisis and change.
Yves Ades, *Ades Integrated Health*; **Edye Schwartz**, *Edye Schwartz Consulting*
- 127 **Developing a Personal Wellness Vision for Self-Care**
<https://us02web.zoom.us/j/81639831092?pwd=Y0preVp4MCM9S5ZUhGVWIRUE0rZ0V3UT09>
During times of prolonged and increased stress, it can be difficult to cultivate and stick with a self-care practice. Developing a wellness vision can help connect us to our why, including our why for our best self. This workshop will explore elements that help to craft a wellness vision by asking reflective questions aimed at eliciting and creating our vision.
Liz Breier and **Marlo Pasion**, *The Coalition for Behavioral Health*

128

Cultural Exhibit Room

<https://us02web.zoom.us/join/98855342490?pwd=dnVBRmVuL3QzUmlWYmJNYWZ0bzBKQT09>

2:30 pm

Interlude

In Memoriam: A Tribute to our Heroes

<https://us02web.zoom.us/join/98855342490?pwd=dnVBRmVuL3QzUmlWYmJNYWZ0bzBKQT09>

2:45-4:00 pm

Round 8

129

Finding a Path Forward with the Real Team

<https://zoom.us/join/98855342490?pwd=dnVBRmVuL3QzUmlWYmJNYWZ0bzBKQT09>

This workshop will describe the significance of peers leading the workforce of a behavioral health service organization. The program shall describe the importance of the peer voice in the executive leadership of a statewide California behavioral health organization. The presenters will describe the origin of a passionate team of individuals with a recovery story and how they provided a much-needed respite, resources and resilience for staff and persons served during COVID-19 and beyond.

Patty Blum, *Crestwood Behavioral Healthcare*

130

Walking the Fine Line

<https://us02web.zoom.us/join/98855342490?pwd=dnVBRmVuL3QzUmlWYmJNYWZ0bzBKQT09>

Lived Experience of recovery from mental health conditions is prevalent among people working in a variety of roles throughout the mental health system. Regrettably, the presence of stigma and discrimination leads to an ongoing “us vs. them” mentality and creates fear for practitioners who may be considering disclosing and/or using their own histories as an advocacy tool to address structural inequalities and barriers to system reform.

This panel, moderated by OMH Special Assistant to the Commissioner Amanda Saake, features a panel of individuals who identify in both “professional” and “peer” capacities in a meaningful way. The panelists will discuss the intersection of our varied identities and experiences (whether chosen or not), explore the potential for systemwide advocacy by professionals with lived experience, and look at the potential impact if more “professionals” openly share their personal histories in the workplace.

Liz Breier and **Clinton Green**, *The Coalition*; **Amanda Saake**, *NYS Office of Mental Health*; **Jeremy Reuling**, *MHA of Westchester*; **Johnathan Edwards**, *National Association of Peer Supporters*; **Stephanie Bouillon**, *Community Access at Howie the Harp*.

131

Surviving Racial Trauma and Promoting Resiliency in our Communities

<https://us02web.zoom.us/join/98855342490?pwd=dnVBRmVuL3QzUmlWYmJNYWZ0bzBKQT09>

This interactive workshop will define racial trauma, its impact on our wellbeing, and strategies to enhance resilience during very difficult times.

Teena Brooks, *NYC Department of Health and Mental Hygiene*

132

Cultural Exhibit Room

<https://us02web.zoom.us/join/98855342490?pwd=dnVBRmVuL3QzUmlWYmJNYWZ0bzBKQT09>

4:00 pm

Raffle and Closing Comments

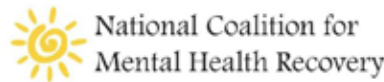
Photo Gallery and Music

<https://us02web.zoom.us/join/98855342490?pwd=dnVBRmVuL3QzUmlWYmJNYWZ0bzBKQT09>

Don't forget to visit the Multicultural Exhibition at

<https://us02web.zoom.us/join/98855342490?pwd=dnVBRmVuL3QzUmlWYmJNYWZ0bzBKQT09>

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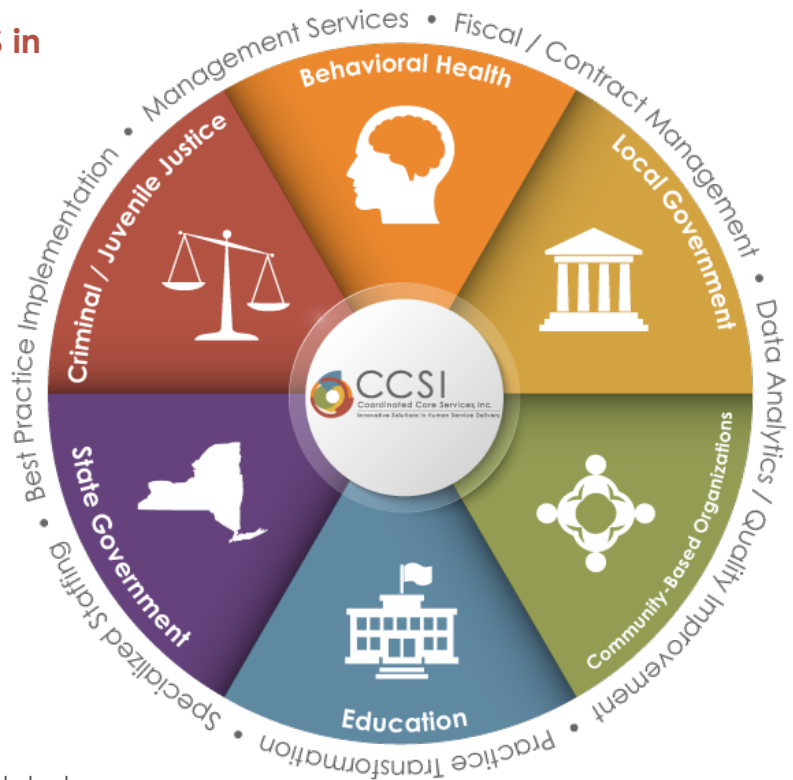
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CCSI is proud to support NYAPRS in their 38th Annual Conference

For more than 25 years, Coordinated Care Services, Inc. (CCSI) has partnered with organizations across NYS to provide the specialized management services, technical assistance, and implementation support needed to deliver innovative, high quality services across the behavioral health and human services delivery systems.



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SAVE THE DATES

11/09/2020 10am – 3pm
 11/12/2020 10am – 3pm
 11/17/2020 10am – 3pm
 11/19/2020 10am – 3pm

Conference Tracks

Thriving in Recovery
 Peer Supervision
 Emerging Trends in Peer Support
 Recovery & Wellness Coaching

**Attendance is FREE but
 Registration is required!**

SPONSORS & EXHIBITORS WELCOME

Please email mrosier@mhepinc.org

Up To 24 NYPSCB CEUs available
*at no cost if post-tests & evals completed
 within 30 days of the event*

Registration info coming soon!

www.nypeerspecialist.org

**4th Annual NY Peer Specialist
 Certification Board Conference**

***From Surviving to Thriving:
 Promoting Recovery Through Peer Support***

Join us online for a Digital Conference

The online conference will be a multi-day, digital event with live & self-paced learning options designed to provide learning and collaborative opportunities and an authentic conference experience, all while accommodating your schedule. 24 hours of NYPSCB CEUs will be available at no cost if post-tests & evaluations completed by 12/31/2020.

Event will feature:

- ✓ **Keynote Speaker: Pat Deegan, Ph.D.**
- ✓ **More than 20 presentations & workshops**
- ✓ **Break-out Learning Circles**
- ✓ **Digital Jobs Fair**
- ✓ **Digital Peer Support & APS Support Groups**
- ✓ **Conference Give-Aways, Prizes and Awards**





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Rise Up! Community, Connection, Culture

New York Association of Psychiatric Rehabilitation
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Congratulations to the NYAPRS conference planning committee and all conference participants!

Announcing the 2020 APS Academy Awards

Submit a nomination for four special recognition awards:

- [Peer Specialist of the Year](#)
- [Supervisor of the Year](#)
- [Employer of the Year](#)
- [Training Provider of the Year](#)

Nominations will be accepted until October 16th. Winners will be notified by October 30th and honored in a special ceremony at the 4th Annual New York Peer Specialist Certification Board Digital Conference on one of four dates: November 9th, 12th, 17th or 19th.
Questions? Contact: academy.virtual.community@gmail.com.

Recovery. Resiliency. Wellness.

Community Care, a nonprofit behavioral health managed care company, proudly supports the New York Association of Psychiatric Rehabilitation Services.



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