

CREATING VALUE

Without Compromising OUR VALUES

15TH Annual Executive Seminar

April 16 & 17, 2019 Albany Hilton, Albany, NY



David Covington
Chief Executive Officer
and President,
RI International



James Gavin CEO, Community Care Behavioral Health



Sabina Lim
Vice President and Chief
of Strategy, Behavioral
Health, Mount Sinai Health
System



Denard Cummings
Director, Bureau of
Social Determinants of
Health, NYS DOH



Steve Coe CEO, Community Access



Laverne Miller
Director, NYC
Workforce Consortium,
NYCDOHMH



Tom Hill
Vice President of Practice
Improvement, National
Council for Behavioral
Health



Ellen Healion Executive Director, Hands Across Long Island



Stephanie Campbell
NYS Ombudsman
Project Director



John Draper
Executive Director, National
Suicide Prevention Lifeline &
Executive Vice President of
National Networks, Vibrant
Emotional Health



Natalee Hill
Director of Quality &
Innovation, Montefiore
Hudson Valley
Collaborative, DSRIP



Michael Stoltz
CEO, Association for
Mental Health and
Wellness



Isaac Brown
President/CEO,
Baltic Street



Antoine Craigwell
Founder, President and
CEO, DBGM, Inc.

NYAPRS is proud to offer continuing education hours for LMHC, LMSW, LCSW, CRCC, and CPRP.

See back cover for instructions!

The Executive Seminar is partially sponsored by the NYS Office of Mental Health.



AGENDA AT A GLANCE

TUESDA	Y APRIL 16, 2019	
9:00AM	Registration & Continental Breakfast with Vendors	East Gallery
10:00AM	Welcome & Opening Remarks	Governor AB
10:15AM	Keynote Address: Maintaining Recovery Values in an Integrated Healthcare Environment	Governor AB
11:15AM	Break with Vendors	East Gallery
11:30AM	Defining 'Value' is Key to Provider/Health Plan Collaborations	Governor AB
12:45PM	Lunch	Governor AB
1:45PM	Mini-Plenaries	
	1: Peer Principles, Tools and Standards	Governor AB
	2: From a Calling to a Corporation: Navigating the Healthcare System with a Recovery Compass	Governor CD
3:00PM	Break with Vendors	East Gallery
3:15PM	Concurrent Sessions: Promising Innovations	
	Panel 1: New Trends in Peer Services	Governor AB
	Panel 2: Taking Charge of Your Recovery Through Self-Directed Care	Governor CD
	Panel 3: Increasing Organizational Revenue Through Employment Services	Governor E
5:00PM	Recovery Champions Reception	East Gallery

WEDNESDAY, APRIL 17, 2019			
7:45AM	Continental Breakfast	East Gallery	
8:30AM	Saving Lives! Taking on Suicide and the Opioid Epidemic	Governor AB	
9:45AM	Break	East Gallery	
10:00AM	Demonstrating Your Value through Data Analytics	Governor AB	
11:15PM	Break	Governor AB	
11:30AM	New Innovations, New Practices and Partnerships	Governor AB	
12:45PM	Closing Remarks	Governor AB	



TUESDAY, APRIL 16, 2019

9:00AM

Registration, Continental **Breakfast in Exhibitor Lobby** East Gallery

10:00-10:15AM **Welcome & Opening Remarks**

Edye Schwartz, Director of System Transformation, NYAPRS Harvey Rosenthal, CEO, NYAPRS Governor AB

10:15-11:15AM

Keynote Address: Maintaining Recovery Values in an Integrated Healthcare **Environment**

David Covington, Chief Executive Officer and President, RI International

One of the nation's most acclaimed change agents, David Covington will share lessons learned from the journey he's taken to find the balance between promoting the values of recovery and self-direction while successfully operating a global organization with more than 50 programs located throughout the United States and abroad. Governor AB

11:15-11:30AM

Break with Exhibitors *East Gallery*

The NYAPRS Executive Seminar prides itself on ensuring that "everyone is in the room" when we come together to discuss the breaking trends and candid challenges facing the behavioral health community. Join your colleagues for this timely event and make sure you're in the room by registering today! See details inside and registration information at www.nyaprs.org.

11:30AM-12:45PM

Defining 'Value' is Key to Provider/ Health Plan Collaborations

Jim Gavin, CEO, Community Care Behavioral Health

Denard Cummings, Director, Bureau of Social Determinants of Health, Division of Program Development and Management, NYS DOH John Kastan, Chief Program Officer,

The Jewish Board

Radhi Vars, Empire/HealthPlus

Moderator: David Woodlock, President and CEO, Institute for Community Living

Hear how NYS providers and health plans are working together to develop a definition of value that goes beyond reducing emergency department visits and inpatient readmissions and getting folks to treatment in 7 days to one that highlights meaningful personal outcomes that advance human connection, hope, dignity and that address the social determinants of health. Are these goals mutually exclusive? Join in this provocative discussion. Governor AB

12:45-1:45PM

Lunch Governor AB

1:45-3:00PM

Mini Plenaries

1: Peer Principles, Tools and Standards

Amy Colesante, Executive Director, MHEP, Inc. Tanya Stevens, Deputy Director, MHEP Isaac Brown, President/CEO, Baltic Street Ellen Healion. Executive Director. Hands Across Long Island

Moderator: Harvey Rosenthal, CEO, NYAPRS

The future is now here: everyone across the healthcare spectrum wants to hire peers! At the same time, many to most program and policy leaders don't fully understand what makes peer support unique and effective. It is clear that incorporating peer services effectively within the broader system requires an acute understanding of key principles, appropriate roles, knowledgeable hiring, training and supervision practices and appropriate compensation. Panelists will provide illuminating examples of what's working and engage in a frank discussion

TUESDAY. APRIL 16, 2019



about the challenges that face health systems and providers about whether to 'buy rather than build peer service. Governor AB

2: From a Calling to a Corporation: Navigating the Healthcare System with a **Recovery Compass**

Steve Coe, CEO, Community Access Michael Stoltz. CEO. Association for Mental Health and Wellness Moderator: Edye Schwartz, Director of System Transformation, NYAPRS

Most of us came to this work to help people to improve their health and their lives for deeply personal reasons. We had a passion for making the world a better place and to offer others a better life than the ones we and/or our loved ones had experienced. Given recent trends and realities, we've come to the often jarring realization that in order to follow that calling, we need to master the demands of being in the healthcare industry. Join our distinguished panel of thought leaders as they explore what's been gained and what's in danger of being lost, and how they have found ways to sustain their passions and their organizations. Come join the conversation. Governor CD

3:00-3:15PM

Break with Exhibitors *East Gallery*

3:15-4:30PM

Concurrent Sessions: Promising Innovations

Panel 1: New Trends in Peer Services

George H. Brice, Jr., Collaborative Support Programs of New Jersey Laverne Miller, Director, NYC Workforce

Consortium, NYCDOHMH

Moderator: Harvey Rosenthal, CEO,

NYAPRS

Over the past decade, peer innovators have developed robust new service models that are now leading the way in addressing two of today's most pressing challenges. Wellness coaching is a model developed by and for people in recovery, addresses health disparities and social determinants of health. Forensic peer support

involves trained peer specialists with histories of mental illness and criminal justice who can serve as community guides, coaches, and/or advocates, working to link newly discharged people with housing, vocational and educational opportunities, and community services. This session will include an overview of both models, where they have and can be offered, and the powerful impact they have on individuals and systems of support. Governor AB

Panel 2: Taking Charge of Your Recovery Through Self-Directed Care

Bevin Croft, Project Director, Human Services Research Institute Don Zalucki, Director, Bureau of Program and Policy Development, NYS Office of Mental Health Emily DeLorenzo, MSW, Ph.D., Program Manager III, NYS Office of Mental Health Keith Aguiar, Program Manager Self-Direction, Community Access Bryan Cranna, Program Manager, Self-Directed Care, Independent Living Jody Gnant, Participant, Community Access's Self Direction

Self-directed care initiatives that allow people to make strategic purchases to meet their most important goals are taking off across the nation. New York's pilot programs in New York City and the Hudson Valley are gaining national attention for their success at engaging and supporting people to move ahead in their lives in the most unique and creative ways that address their most important health, vocational and social needs. Come hear striking examples and impressive outcomes from representatives from those programs, state officials and one of the nation's leading researchers and resource. Governor CD



NEW THIS YEAR! NYAPRS will be offering CEU credits through QR code scanning. See back cover for instructions!

3:15-4:30PM cont'd

Concurrent Sessions: Promising Innovations

Panel 3: Increasing Organizational Revenue Through Employment Services

Len Statham, Chief Operating Officer, NYAPRS

Liam McNabb, Director, Rehabilitation Services, NYS Office of Mental Health Andy Sink, Acting Director of NYESS Employment Policy, NYS Office of Mental Health

Paul J. Margolies, Ph.D., Associate Director, Practice Innovation and Implementation, Center for Practice Innovations, Division of Mental Health Services and Policy Research, New York State Psychiatric Institute

Many organizations view employment services as an add-on service that is challenging to fund or, at best, remain revenue neutral. There are a number of resources that are now available to help organizations to improve employment outcomes while substantially increasing revenues. Come and learn how to build an employment services program that enhances the lives of the people we serve and the bottom line of the programs we operate. Governor E

5:00-6:30PM Recovery Champions Reception East Gallery

Recognizing the retirements and contributions of



Edye SchwartzDirector of System
Transformation, NYAPRS



Steve Coe
CEO, Community Access

Congratulations!

WEDNESDAY, APRIL 17, 2019

7:45-8:30AM

Continental Breakfast East Gallery

8:30-9:45AM

Saving Lives! Taking on Suicide and the Opioid Epidemic

Stephanie Campbell, NYS Ombudsman Project Director

Antoine Craigwell, Founder, President and CEO, DBGM, Inc.

John Draper, Executive Director, National Suicide Prevention Lifeline & Executive Vice President of National Networks, Vibrant Emotional Health

Tom Hill, Vice President of Practice Improvement, National Council for Behavioral Health

Robert Kent, General Counsel, NYS OASAS Moderator: Harvey Rosenthal, CEO, NYAPRS

This extraordinary panel of experts will take a deep and frank look into why suicide and drug overdoses have each reached epidemic proportions in our state and nation. At the same time, they will describe innovative national and state initiatives that are helping thousands to reconnect with their recovery and purpose, to overcome obstacles to adequate access and treatment and to help save each other's lives. Governor AB

9:45-10:00AM

Break East Gallery

NYAPRS training experts provide cutting edge support to key management and direct-care personnel to assist you to successfully engage in culture change! Move your organization to become an exemplary recovery-based service provider, increasing opportunities for participants to grow and recapture valued community roles. Be more effective and efficient in providing services that work.



10:00-11:15AM

Demonstrating Your Value through Data Analytics

David E Wawrzynek, Senior Consultant, The Center for Collaboration in Community Health,

Michael Lardieri, Chief Operations Officer and Information Officer, Advanced Health Network Sabina Lim, MD, MPH, Vice President and Chief of Strategy, Behavioral Health, Mount Sinai Health System

Elise Kohl-Grant, Director, IT Project Management, Coordinated Behavioral Care,

Natalee Hill, MPA, Director of Quality & Innovation, Montefiore Hudson Valley Collaborative, DSRIP

Moderator: Boris Vilgorin, Health Care Strategy Officer at the McSilver Institute for Poverty Policy and Research at NYU

As we move to a value-based health care system, government and health plan payers are looking to data analytics to determine what's working and worthy of further investment. Learn how organizations are learning how to collect the right amount and level of information to make successful business decisions and strategic partnerships that keep faith with their recovery mission and values. Governor AB

11:15-11:30AM

Break East Gallery

11:30AM-12:45PM

New Innovations, New Practices and Partnerships

Nancy Singh, CEO, Restoration Society, Inc. Liz Woike-Ganga, Chief Operating Officer, BestSelf Behavioral Health, Inc. Roy Wallach, President, Recovery Health

Solutions IPA

Carol Cassell, Executive Director, Recovery Health Solutions IPA

Linda Efferen, MD, MBA, Executive Director & VP. Medical Director, Suffolk Care Collaborative

Kathrine Parker. Coordinator of Peer Services, Restoration Society, Inc. Moderator: Jackie Negri, Principal, Negri Management Resources, LLC

Over the past few years, New York has seen the launch of a number of new service and network models aimed at improving access to engaging and effective integrated care, including Certified Community Behavioral Health Clinics, DSRIP Performing Provider Systems, Independent Practice Associations, Behavioral Health Care Collaboratives and Home and Community Based Services. Learn how community innovators are making these new opportunities work to successfully promote health, wellness and community. Governor AB

12:45PM

Closing Remarks Governor AB

Harvey Rosenthal, CEO, NYAPRS



194 Washington Avenue, Suite 400, Albany, NY 12210

Phone: 518.436.0008

Continuing Education Units Available: NYAPRS is approved to offer CE hours for CRCC, CPRP, LMSW, LCSW, and LMHC.

New York Association of Psychiatric Rehabilitation Services, Inc., (NYAPRS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0253.

New York Association of Psychiatric Rehabilitation Services, Inc. (NYAPRS) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors, #MHC- 0141.



3 Atrium Drive, Suite 205, Albany, NY 12205 • (518) 434-1393

The Wellness Collaborative of New York is a unique, statewide Independent Practice Association that acts as a single contractor and point of collaboration and accountability for 15 genuine, geographically diverse, peer-run organizations and programs. We offer peer support programs assistance to meet or exceed SAMHSA's national best practice benchmarks based on definitions, standards,

practices, fidelity and service models. In addition to genuine peer support services, we offer training and technical assistance on a wide variety of topics from corporate compliance, to cultural humility, to career development. Our partner organizations include Baltic Street, Mental Health Empowerment Project, Housing Options Made Easy, Independent Living, PEOPLe USA, and others from across the state.



312 Expressway Drive S. Medford, NY 11763 • (631) 758-0474

Concern for Independent Living, Inc. is a non-profit agency committed to helping individuals and for Independent Living families to live in the community with dignity and enhanced opportunities through the provision of housing and support services. We are one of the largest housing agencies of this kind in New York

State, currently serving over 1,100 individuals and families in over 240 locations. Concern offers a variety of housing options with individualized support services designed to support personal growth and independence.



9201 4th Ave, 5th Floor, Brooklyn, NY 11209 • (718) 833-5929

Baltic Street AEH, Inc. provides services in a partnership between individuals labeled with mental health diagnosis and peers that have dedicated themselves to helping people accomplish their particular recovery goals. Through our comprehensive self-help and advocacy, bridger, housing, supported education and employment services, our mission is to be a part of the person's wellness team. We work to help the individual develop a life in the community of their choosing: an apartment, a job, a support system, a skill, and education of other tasks the person has identified as their goals toward a satisfactory life. All of our services are offered through a person-centered, strengths-based, recovery-oriented lens which include: The sharing of a common bond among people providing

services and people using services rooted in their common experience; Giving people participating in services a significant voice in the planning, development and evaluation of the services they utilize: Mutuality between staff and volunteers providing services and the people using those services; An environment that is distinguished by voluntariness, openness, personal choice, the sharing of common experiences, respect for individual dignity and a spirit of liberation. A governing and operating structure typified by shared decision-making, flexibility, ethical integrity and confidentiality.



1099 Jay St, Bldg J Rochester, NY 14611 = 585-328-5190 = www.ccsi.org Anne Wilder, President, askccsi@ccsi.org

Coordinated Care Services, Inc. (CCSI) is a not-for-profit management services organization with more than 25 years of experience working within the behavioral health and human services field. Services include: Business Management Services - the expertise / specialized staffing to help agencies run their organizations successfully - scaled to their size, budget, and complexity of operations; Program Management partnering with our customers to provide the talent and infrastructure needed to quickly stand up and operate programs successfully; and Consulting providing the technical assistance / implementation support needed to deliver high value / high impact services, including: data analytics / dashboard development, performance measurement /quality improvement, training and practice transformation, cultural competence, school-based supports, community school implementation and crisis response supports. For more information, contact askccsi@ccsi.org, or visit the CCSI website at www.ccsi.org.



339 6th Avenue, Suite 1300, Pittsburgh, PA 15222 • 412-454-2140 • www.ccbh.com

OMMUNITY CARE Community Care is a nonprofit behavioral health managed care organization. Most of the services we manage are Behavioral Health Organization in the public sector. We focus on the whole health and wellness of individuals in treatment for behavioral health challenges. To develop innovative models of service delivery, we use our clinical and technical expertise. It is our

mission to improve the well-being of the communities that we serve by promoting effective and accessible behavioral health services. Community Care supports providers in system transformation with the goal of empowering individuals to strive for achievement of their personal goals. We partner with all stakeholder groups, including renowned academic and research entities to evaluate treatment outcomes and improve the quality of care.



580 White Plains Road, Suite 510, Tarrytown, NY 10591 • (914) 345-5900

The Mental Health Association of Westchester (MHA) promotes mental health through advocacy, community education and direct services. Highly trained staff support recovery by utilizing evidence-based practices throughout a comprehensive array of person-centered services that are provided in clinics, homes and community locations to more

than 10,000 children, teenagers and adults each year. MHA is a designated Certified Community Behavioral Health Clinic and proudly provides services regardless of an individual's ability to pay. Recently expanded clinic offerings include: services for those with substance use disorders and co-occurring disorders; services for the extended military community; and enhanced integrated care and connections to primary health care providers.

EXECUTIVE SEMINAR EXHIBITORS



Community Health Access to Addiction & Mental Healthcare Project Office of Mental Health Office of Alcoholism and Substance Abuse Services

CHAMP - Community Health Access to Addiction and Mental Healthcare Project

NYS Council for Community Behavioral Healthcare 911 Central Ave, Box 152 Albany, NY 12206 (518) 281-2315

CHAMP is the NYS mental health and addiction care ombudsman program, funded by OASAS and OMH. CHAMP is for all New Yorkers, helping overcome barriers to attaining mental health and substance use disorder care, including insurance barriers and more. For more information or to arrange a presentation about this free, confidential resource to staff, consumers, families, and advocates, contact Lynn Goldberg, CHAMP Program Specialist, NYS Council for Community Behavioral Healthcare at 518-281-2315.

International Association of Peer Supporters

3232 Whitebridge Lane Charlotte, NC 28262 (336) 392-8270

The International Association of Peer Supporters is the organization that is focused on the promotion and development of peer support in the United States and around the Globe. Our mission is to grow the peer support profession by promoting the inclusion of peer specialists throughout healthcare and other community systems worldwide. Our vision is that the mutuality of a compassionate peer support relationship will be accessible by anyone that desires this support.

iNAPS is promoting peer support by serving on policy making bodies, creating national guidelines for peer support and peer supervision, pursuing a Standard Occupational Classification with the Department of Labor, providing a National Peer Support Registry, Technical Assistance, Conferences, Webinars and Mentorship Opportunities. iNAPS is successful due to its many partnerships and collaborations with other organizations and the involvement of its Board and membership.

Peace Talkers

108 N. Cedar Street
N. Massapequa, NY 11758
(917) 765-9559



Peace Talkers is a de-escalation and crisis intervention company

dedicated to increasing the safety of staff, and clients/ students at human service agencies and schools. Our approach stands out from our competitors because of the emphasis we place on staff's power to prevent incidents before they occur. We empower staff to effectively manage their own stress as a way of decreasing incidents within the institution. Additionally, the de-escalation and physical safety techniques we teach were created specifically by professionals who work or worked for one of the largest human service agencies in the nation.

Policy Research Associates

345 Delaware Ave Delmar, NY 12054 (518) 439-7415



Policy Research Associates, Inc. (PRA) is a Women-Owned Small Business that is a national leader in behavioral health and research. PRA offers four core services that help individuals with behavioral health needs achieve recovery. In partnership with its sister non-profit, Policy Research, Inc., PRA offers policy, research, technical assistance, and training services, primarily in the content areas of behavioral health; homelessness; income supports; criminal justice; juvenile justice; service members, Veterans, and their families; recovery support; consumers and family members; trauma: wellness; and education.

PrecisionCare Software

243 Main Street, Suite 270, New Paltz, NY 12561 845-255-6097



PrecisionCare offers a complete software solution of streamlined documentation and compliance protection to the Human Services Community. Our customizable software is easily adaptable to meet new demands and regulatory changes. Designed around the industry's strict documentation guidelines, PrecisionCare gives customers peace of mind knowing they are safe during audits.

CREATING VALUE
Without Compromising
OUR VALUES

Community Access proudly salutes Steve Coe



for his tremendous leadership and impact on the mental health community in New York City, nationally, and beyond





NYAPRS Proudly Honors



for your lifelong leadership in promoting grassroots advocacy and groundbreaking service innovations that have advanced the recovery, rights and dignity of people with mental health conditions across New York and the nation.





NYAPRS Honors and Thanks



Edye Schwartz

for your lifelong leadership in promoting groundbreaking strategies of system transformation and innovation that have advanced the wellness, recovery and community integration of Americans with psychiatric disabilities.



NYAPRS Continuing Education Hours

NYAPRS is proud to offer CE hours for Social Work and CPRP. Please follow the instructions below for each.

CPRP CREDIT HOURS

PICK UP ATTENDANCE FORM AT THE REGISTRATION DESK BEFORE ATTENDING WORKSHOPS.

- The attendance form must be completed in its entirety. Ensure that your name, credential, address and email address is <u>complete</u> and <u>legible</u>. If not, this will compromise your ability to obtain CE hours.
- 2. Write in the workshop #, title, presenter's name, hours of each and the date.
- 3. After <u>each</u> workshop attended, have the presenter initial the form verifying that you attended the session.
- 4. At the end of the conference, sign the attendance sheet and submit the document to the NYAPRS Registration Desk. We will process and <u>email</u> a Certificate of Completion within 30 days.

SOCIAL WORK

TO QUALIFY FOR SOCIAL WORK CE HOURS:

- PRIOR to the beginning of each workshop, sign-in with the room monitor using QR code scanning. If you arrive after the start of the workshop, you will not be allowed to sign-in and therefore you will not be eligible to receive CE hours for that workshop.
- 2. Provide your name, credential, and email address through the QR code.
- 3. Be present for the entire duration of the workshop.
- 4. At the end of the workshop, complete the Evaluation form through the sign-out QR code.
- 5. If you have met all of these criteria, we will process and email you a Certificate of Completion within 30 days.



The following sessions qualify for SW and CPRP CE hours:

Tuesday, April 16

1:45PM - 1.25 CE

1: Peer Principles, Tools and Standards

2: From a Calling to a Corporation: Navigating the Healthcare System with a Recovery Compass 3:15PM - 1.25 CE

1: New Trends in Peer Services

2: Taking Charge of Your Recovery Through Self-Directed Care

3: Increasing
Organizational Revenue
Through Employment
Services

Wednesday, April 17

8:30AM - 1.25 CE Saving Lives! Taking on Suicide and the Opioid Epidemic