

# NYAPRS 36<sup>th</sup> Annual Conference

*Dignity, Recovery and Justice for All!*



**September 12 – 14, 2018**  
**Honor's Haven Resort & Spa**  
**Ellenville, New York**

## *Featured Speakers*



**Moe Armstrong**  
Founder of Vet to Vet  
and Peer Education Project



**Major Sam Cochran, ret**



**Pat Deegan**  
Disability Rights Advocate



**Elise Padilla**  
Director, STAR Center



**Patrick Hendry**  
Mental Health America



**Sherry Jenkins-Tucker**  
Georgia Mental Health  
Consumer Network



**Luis Lopez**  
NYS Psychiatric Institute



**Chacku Mathai**  
MHA of Rochester



**Oryx Cohen**  
National Empowerment Center



**Antonie Craigwell**  
DBGM



**Stephanie Campbell**  
Friends of Recovery NY



**LaVerne Miller**  
Policy Research Associates

*Featuring documentaries "Vicarious Resilience" and "You are Not Alone"  
and the hilarious Stand Up for Mental Health showcase*

## Welcome NYAPRS Community!

*We are very pleased to welcome you to our NYAPRS' 36th Annual Conference, "Dignity, Recovery and Justice for All", held once again within the lovely Catskill Mountains but at our new conference site here at the Honor's Haven Resort & Spa in Ellenville.*

*This year's theme underscores that, ultimately, there can be no health, healing and recovery without achieving both a personal sense of dignity, opportunity and an explicit commitment to address the injustices of all forms of discrimination, poverty, racism, criminalization, hunger and homelessness.*

*We are very proud to feature presentations by extraordinary pioneers Pat Deegan, Moe Armstrong and Sam Cochran, along with inspiring discussions with Gayle Bluebird, Stephanie Campbell, Sascha Altman DuBrul, Phil Schulman, Celia Brown, Luis Lopez and Chacku Mathai. It also offers the opportunity to hear how national peer service leaders like Georgia's Shery Jenkins Tucker and New Mexico's Elise Padilla have dealt with the challenges of Medicaid and managed care.*

*We're also very pleased to bring all of our 2018 award winners together for a special ceremony that will give them and our attendees the time to discuss their unique experience and contributions.*

*Please also check out a number of special offerings including:*

- the Health, Healing and Arts Fair with free Shiatsu treatment with Dagny Alexander, Acupuncture with Sue Batkin, Massage with Phil Schulman, Cultural Wellness Healing Circle with Deborah Wilcox (you can sign up for these at the NYAPRS registration table);*
- the extraordinary Multicultural Exhibition, Fashion Show and Diversity Bash;*
- the return of the hilarious "Stand Up for Mental Health" comedy showcase;*
- 2 special Wednesday evening film presentations of the much acclaimed documentaries "We Are Not Alone" and "Vicarious Resilience";*
- Mike Skinner's Open Mic, our nightly Dancin' with DJ Jerald Jenkins and our world famous Thursday evening outdoor barbeque.*

*We hope that your three days are filled with inspiration, information, celebration, connection, community and joy, along with the opportunity to re-energize and restore your own personal spirit and celebrate the very special contributions each of you has made to advance recovery, rehabilitation, rights, dignity and full community inclusion in New York State and nationally.*

*On behalf of our Conference Committee, the NYAPRS' Board of Directors, and our dedicated staff, we offer you a very warm welcome to the 36th Annual Conference. Thank you.*

*Luis Lopez  
Traci Plouffe*

Conference Co-Chairs



Executive Director

# NYAPRS 36<sup>th</sup> Annual Conference

*Dignity, Recovery and Justice for All!*

## At-A-Glance

### Wednesday, September 12

AM	
9:00	NYAPRS Health, Healing & Arts Fair ongoing through conference. Featuring Free Shiatsu, Acupuncture, T'ai Chi, Spiritual Sharing, Creative Explorations, etc.
10:00	Conference Registration
11:30	Lunch
PM	
12:00	Welcome & Opening Remarks
12:30	<b>Workshops Round 1</b>
1:45	Break
2:00	<b>Workshops Round 2</b>
3:45	Break
4:00	<b>Keynote</b>
5:00	Cultural Diversity Bash
6:00	Dinner
7:15	Festival Program
8:15	Peer Support Meetings
9:15	Chess, Checkers, and Dominoes Club
9:15	Open Mic with Michael Skinner
9:30	DJ & Dancing

### Thursday, September 13

AM	
7:00	Tai Chi for Beginners
7:00	Yoga with Dagny Alexander
7:30	Breakfast
8:00	Conference Registration
8:30	<b>Workshops Round 3</b>
9:45	Break
10:00	<b>Award Presentations</b>
11:30	Break
11:45	<b>Workshops Round 4</b>
PM	
1:00	Lunch
2:00	<b>Keynote</b>
3:45	Break
4:00	<b>Workshops Round 5</b>
5:15	Break
5:30	Annual Membership Meeting
6:15	Our Famous Outdoor Barbeque with Music: DJ Jenkins
7:30	Entertainment – Stand Up for Mental Health With David Granirer
8:30	Peer Support Meetings
9:15	Chess, Checkers, and Dominoes Club
9:15	Open Mic with Michael Skinner
9:30	DJ & Dancing

### Friday, September 14

AM	
7:00	Qigong with Bryon Abrams
7:30	Breakfast
8:00	Conference Registration
8:30	<b>Workshops Round 6</b>
9:45	Break
10:00	<b>Keynote</b>
11:30	Break
11:45	<b>Workshops Round 7</b>
PM	
1:00	Lunch, Grand Raffle & Closing Remarks

If you need CRC, SW, or LMHC credits or a Certificate of Attendance, please come to the NYAPRS registration desk for the paperwork before the program starts.



## 2018 NYAPRS Award Winners

### **BRENDAN NUGENT LEADERSHIP AWARD**

to **Dwayne Mayes** The Brendan Nugent Leadership Award is presented to an inspiring consumer leader in promoting and advocating for the empowerment of people with psychiatric disabilities in New York State.

### **QUINCY BOYKIN MEMORIAL AWARD**

to **Bert Coffman** The Quincy Boykin award is presented to a person in heartfelt recognition of your inspiring contributions to the recovery, empowerment, integration and inclusion of all New Yorkers with psychiatric disabilities.

### **FRANCES OLIVERO ADVOCACY AWARD**

to **Campaign for Alternatives to Isolated Confinement Victor Pate and Doug van Zandt** The Frances Olivero Advocacy Award is presented to an individual who has demonstrated inspiring community leadership and unique contributions in advocacy around a particular issue on behalf of New Yorkers with psychiatric disabilities.

### **LIFETIME ACHIEVEMENT AWARD**

to **Moe Armstrong, Sam Cochran, Pat Deegan** The Lifetime Achievement Award is presented to an individual who has a long record of exemplary contributions to the recovery, rehabilitation and/or rights of New Yorkers with psychiatric disabilities.

### **PUBLIC POLICY LEADERSHIP AWARD**

to **Clarence Sundram** The Public Policy Leadership Award is presented to a legislator who has demonstrated outstanding public leadership on behalf of New Yorkers with psychiatric disabilities.

### **MARTY SMITH MEMORIAL AWARD**

to **Mental Health Empowerment Project, Amy Colesante** The Marty Smith Memorial Award is presented to a uniquely inspired and dedicated provider who has demonstrated exemplary contributions to the advancement of best practices in service to New Yorkers with psychiatric disabilities.

### **MURIEL SHEPHARD PARTNERS WITH FAMILIES AWARD**

to **Glenn Liebman** The Partners with Families Award is presented to an individual who has demonstrated inspiring leadership in the advancement of the alliance of families and consumers in promoting the recovery, rehabilitation and rights of people with psychiatric disabilities.

### **FAITH & FELLOWSHIP AWARD**

to **Brenda Fields** The Jason Brody Award is presented to an individual who has been an extraordinary source of kindness, caring and devotion to people within their mental health community.

### **PUBLIC EDUCATION**

to **Cindy Rodriguez, WNYC** The Public Education/Media Award is presented to an individual inside or outside of the media who has demonstrated extraordinary public education efforts that advance the needs of and/or that highlight the accomplishments of New Yorkers with psychiatric disabilities.

Congratulations!

Brendan Nugent Leadership Award winner

**DWAYNE MAYES**

A Radical Leader, Disruptor, Muse

Love, Doris and Amy

# NYAPRS 36<sup>th</sup> Annual Conference

*Dignity, Recovery and Justice for All!*

September 12 – 14, 2018  
Honor's Haven Resort & Spa  
Ellenville, New York

## Program

*Wednesday, September 12, 2018*

### Health and Healing Fair (ongoing throughout the conference)

10:00 am	<b>Conference Registration</b> .....	<b>Main Lobby</b>
11:30 am	<b>Lunch</b> .....	<b>Gaia Hall</b>
12:00 pm	<b>Opening Remarks</b> .....	<b>Gaia Hall</b>

#### Conference Co-Chairs:

**Traci Ploufe**, *Mental Health Association in Essex County, Westport, NY*

**Luis Lopez**, *New York State Psychiatric Institute, New York, NY*

**Harvey Rosenthal**, *NYAPRS, Albany, NY*

### Workshops Round 1 - 12:30 pm – 1:45 pm

PS	101	<b>Thank You for Your Service! A Brief Interview with Military Veterans</b> .....	<b>Pacific Ballroom</b>
		This session will provide an honest, emotional, and dynamic conversation with military veterans and champions of recovery. They will share their struggles and victories throughout their journey. Please come and join us as we celebrate these courageous individuals.	
		<b>Moe Armstrong</b> , <i>Founder Vet-to-Vet, West Haven, CT</i>	
		<b>Jeffrey McQueen</b> , <i>Mental Health Association of Nassau County, Hempstead, NY</i>	
		<b>Facilitated by: Luis Lopez</b> , <i>ACT Institute, NYSPI, New York, NY</i>	
IN	102	<b>SAMHSA Wellness Recognition of Excellence Awardees</b> .....	<b>Atlantic Hall</b>
		SAMHSA's Program to Achieve Wellness recently selected 4 organizations for their exemplary wellness efforts to improve the cardiovascular health of those living with mental and/or substance use conditions. Come celebrate and learn about 2 such efforts from NYAPRS member agencies, Baltic Street AEH and the Guidance Center.	
		<b>Taina Martinez, Laurie Vite, Michael Nugent</b> , <i>Baltic Street AEH, Brooklyn, NY</i>	
		<b>Stephanie Natelli, Kathy Hagendorf, Alicia Lore-Grachan</b> , <i>The Guidance Center, Mount Vernon, NY</i>	

Don't forget to visit the Multicultural Exhibition in Conference Room 1

#### Tracks:

**CI = Community Inclusion**

**CC = Cultural Competence**

**HHR = Health, Healing and Recovery**

**IN = Innovations**

**E&A = Empowerment & Advocacy**

**MR = Medicaid Reform**

**PS = Peer Services**

**TR = Trauma**

**FAM = Families**

**ADM = Administration**

**CJ = Criminal Justice**

- TR 103 **Trauma-Informed Yoga in Behavioral Health Settings** ..... **Lakeside Tent**  
 Trauma-informed yoga, a recent adaption of the practice, incorporates the proven health benefits of yoga with a safe environment, noninterpretive language, and a focus on emotional awareness. The workshop will explore the implementation of this emerging practice in behavioral health settings.  
**Altrovisse Walcott, Erin Palmer**, *Services for the Underserved, Bronx, NY*  
**Bronte Kastenber**, *Bronx Partners for Healthy Communities, Bronx, NY*
- MR 104 **New Choices in Recovery!** ..... **Conference Room 4**  
 There are new opportunities available through Medicaid to support a person’s recovery in all the domains of their life: physical and behavioral health, employment, education, social dimensions as well as dealing with the day-to-day challenges that everyone faces. These person centered Home and Community Based Services – because you are the expert on your life and goals – allow your providers to work closely with you so that you can attain those goals. We’ll be talking about navigating Medicaid Managed Care in the form of Health and Recovery Plans (HARPs); making the best use of Health Homes and Health Home Care Managers/Coordinators; dealing with the assessments necessary to get these services; and considering the elements of YOUR Plan of Care and the services available to get to where you want to be in your life.  
**David Ferencz, Colleen Sheehan**, *NYAPRS, Albany, NY*
- FAM 105 **Successful Families Can and Do Look Different** ..... **Conference Room 5**  
 A panel of parents and grandparents from New York State will share their unique parenting roles and experiences with emphasis that successful families can and do look different. The panel will share their experience with relationships, systems, custody issues, rights, culturally curious, and trauma-informed approaches, and more.  
**Anne Dox, Bill Gamble**, *Mental Health Empowerment Project, Albany, NY*  
**Tracy Puglisi, George Badilo**, *Association of Mental Health and Wellness, Ronkonkoma, NY*  
**Digna Quinones**, *NYS Office of Mental Health, New York, NY*
- PS 106 **Outcome and Evaluation Tools for Peer Support Services** ..... **Terrace View**  
 Evaluation has been instrumental in helping consumer-operated services respond to growing demands for evidence-based practices and has provided opportunities to deliver peer support services more effectively. Representatives from NYS’s only peer support services I.P.A. will share some of the fidelity assessments, collaborative data collection processes and narrative approaches used to meet the growing call for accountability from federal, state, local, and private funding sources.  
**Amy Colesante**, *PSNY-IPA, Albany, NY*  
**Ellen Healion**, *Hands Across Long Island, Central Islip, NY*  
**Todd French**, *Mental Health Empowerment Project, Albany, NY*
- IN 107 **Playing our Part: Shared Decision-Making in the Era of Recovery** ..... **Conference Room 6**  
 With the advent of recovery-based services, there is a paradigm shift and participants of services are now actively involved in the decision-making process of their care. We recognize that participants are experts in themselves and as such, have a significant role in making decisions about their care and having choices in order to make informed decisions. Join us for an engaging talk on the shared-decision making process, the concept of “learned helplessness” and the “dignity of choice” in the world of recovery-based services.  
**Robert Statham, Ruth Colon-Wagner**, *NYAPRS, Albany, NY*
- ADM 108 **Healing Stigma through Trauma-Informed Approaches** ..... **Summit 3**  
 If you are a supervisor or program director, this workshop is for you! We will show how the Six Sigma methodology is used in the behavioral health setting; from identifying the problem, collecting data, analyzing, and then implementing the solution. These methods create more consensus building within your organizations and help staff to deliver more effective services to the people you serve.  
**Patty Blum, Ruth Gonzales, Terry Patterson**, *Crestwood Behavioral Health, Inc., Sacramento, CA*



IN 109 **MHANYS CarePath Program: Shared Values in Recovery**.....**Conference Room 3**

MHAPS CarePath Program is a transition support tool that adheres to the principals of the recovery process and designed for the first 90 days post discharge from any treatment setting. The individual’s wellness and recovery is supported through the engagement of their family and/or identified supporters all participating on the same path to health and well-being. The patient/individual is no longer singled out as “ill” and their wellness journey is no longer in isolation of each other. The health and well-being of each member of the family or the identified supports is also the focus. A wellness rather than illness perspective enhances the recovery process. Come learn about this new innovative program.

**Deb Faust**, *Mental Health Association of New York State, Albany, NY*

1:45 pm – 2:00 pm **Break**

**2:00 pm – 3:00 pm Keynote**

**Dignity: What it Means, Why it Matters, and How We Can Nurture it** ....**Pacific Ballroom**

A teenage boy with a severed spinal cord lays immobile in a hospital bed as the attending physician pulls back the bed sheet and uses the boy’s body to describe the signs and symptoms of quadriplegia to an entourage of residents. The President of the United States makes his first state visit to France and comments that the wife of President Macron is “beautiful...In such great shape.” At 17 years old, I was told I had schizophrenia and my life was over. Dignity is fragile and it can be broken. It can also roar back in defiance. As traumatized dignity heals, it can roar back as calculated efforts to re-assert our value and worth in the face of a dominant, and sometimes oppressive culture.

**Patricia E. Deegan, PhD**, *Byfield, MA*

**Workshops Round 2 - 3:15 pm – 4:30 pm**

PS 110 **Medicaid Funded Peer Innovations from Across the Nation** .....**Pacific Ballroom**

Thanks to the leadership of the Georgia Mental Health Consumer Network (GMHCN) dating back to 1999, Medicaid funding has helped advance the work and careers of peer specialists across our nation. Yet there’s plenty of controversy about whether “true’ peer services can exist in a Medicaid and managed care environment. Come learn about how this has been playing out in George, Tennessee and New Mexico from national leaders in our peer provider community

**Sherry Jenkins-Tucker**, *Georgia Mental Health Consumer Network, Decatur, GA*

**Elise Padilla**, *Star Center, Arlington, VA*

**Harvey Rosenthal**, *NYAPRS, Albany, NY*

IN 111 **The Mindful & Trauma-Informed Lens: Exploring Trauma-Sensitive Care & Healing Potential of Mindfulness** ..... **Atlantic Hall**

Explore the nature and prevalence of trauma, its impact on all aspects of health, and key features of trauma-sensitive culture. The concept of mindfulness will be introduced as well as research about its ability to help people recover from a diverse range of issues. Learn about the exciting potential mindfulness practice holds for healing from trauma and achieving overall wellness

**Perryn Dutiger, Ruth Colon-Wagner**, *NYAPRS, Albany, NY*

The NYAPRS Cultural Competence Committee welcomes all conference participants to celebrate with us at our annual Cultural Fashion show taking place on Wednesday, September 12 at 5:00 pm during the Cultural Diversity Bash!

**Tracks:**

**CI = Community Inclusion**

**CC = Cultural Competence**

**HHR = Health, Healing and Recovery**

**IN = Innovations**

**E&A = Empowerment & Advocacy**

**MR = Medicaid Reform**

**PS = Peer Services**

**TR = Trauma**

**FAM = Families**

**ADM = Administration**

**CJ = Criminal Justice**

- HHR 112 **HaHa and Soul** ..... **Lakeside Tent**  
 So, these are really challenging, uncertain, and often-stressful times. Many of us feel pressure in the work we do and in our personal lives. Some of us are anxious. So the question is: How do we live in these times with a sense of hope and joy? In this workshop, we will have some fun, sing some songs, move around a bit, and talk together about what our purpose is and what we can do to bring more hope and joy into our lives and the work we do supporting people with disabilities and others.  
**Steve Holmes**, *Albany, NY*
- CJ 113 **Working for Criminal Justice Reform in NY** ..... **Conference Room 5**  
 In recognition of the horrendous overrepresentation of people with mental health conditions in our correctional systems, criminal justice reform has become a top NYAPRS public policy priority. Learn about efforts to prevent available incarceration via the expansion of Crisis Intervention Teams and to seek a ban on solitary confinement and improvements in prison-based rehabilitation.  
**Campaign for Alternatives to Isolated Confinement**, *Mental Health Empowerment Project, Albany, NY*  
**Carla Rabinowitz**, *Community Access, New York, NY*
- ADM 114 **The Culture of Customer Service: Developing Agency Collaboration for Greater Outcomes** ..... **Conference Room 4**  
 Most employees understand the importance of providing great external customer service; however, a few understand the necessity for providing quality internal customer service. Without each employee treating others within the organization with the same care and respect as they would show a customer, it is impossible to maintain a high level of external service. In order to achieve levels of service that create loyalty among customer, a high level of service and support must exist inside the organization.  
**Jeffrey McQueen**, *Mental Health Association of Nassau Co, Hempstead, NY*
- ADM 115 **Consumer Satisfaction: Survey to CQI to Innovation** ..... **Conference Room 3**  
 Consumer satisfaction surveys should provide a voice to the people we serve, not a burden to consumers and staff. This workshop will discuss creation of meaningful surveys, data collection tips, and peer-led strategies to make the data actionable. Successful surveys involve consumer input, creative presentations, and commitment to change.  
**Erin Palmer, Carlos Cortez, Sasha Marie Robinson**, *Services for the Underserved, New York, NY*
- E&A 116 **Social Networks: A Means to Assess and Facilitate Community Integration** ..... **Conference Room 6**  
 The workshop will focus on the use of an individual's social network as a means to assess their involvement in the community, their sense of belonging, and their social connections. Facilitators will talk about ways in which individuals with behavioral challenges and their service providers could use their existing/new social connections to facilitate integration.  
**Rohini Pahwa**, *New York University, New York, NY*  
**Helle Thorning**, *NYS Psychiatric Institute, New York, NY*
- PS 117 **Anti-Oppressive Practice: Co-Creating Equity in our Service Systems** ..... **Summit 3**  
 Anti-oppression can be defined as a commitment to social justice and challenging structures that promote inequities in society. In this presentation, Anti-Oppressive Practice (AOP) will be defined. The presentation will outline how AOP both overlaps and diverges from other approaches to mental health service delivery, such as a person-centered care, recovery oriented care, and trauma informed care. Concrete principles and practices will be provided to help inform efforts to co-creating anti-oppressive service systems where both service providers and recipients can create egalitarian systems of care.  
**James Rodriguez**, *McSilver Institute for Poverty Policy and Research, New York, NY*



**The Spirit of Survival** ..... **Terrace View**

Does society recognize the incredible strength, courage and resilience of those who have experienced trauma, abuse and mental health challenges and survived despite it all? Let’s spend some time in song and discussion sharing about the positive attributes we all bring to the table of life. Let’s re-frame our negative thoughts, images and disparaging labels and develop self-compassion by questioning that inner critic who tells us we are not worthy of love.

**Mike Skinner, Mary Murray, Goffstown, NH**

4:30 pm – 5:00 pm **Break**

5:00 pm – 6:00 pm **Cultural Diversity Bash, Music by DJ Jenkins** ..... **Main Lobby**

6:00 pm – 7:00 pm **Dinner** ..... **Gaia Hall**

**7:15 pm – 9:00 pm Wednesday Evening Festival Program**

**Healing Through Hip Hop** ..... **Atlantic Hall**

The team is back to talk about the power of healing and recovery through Hip Hop. Each presenter will share their story and the music that supported them. This year, the team will introduce a new artist who will share his story through verse and rap. This is a celebration of life with trauma survivors.

**Luis Lopez, Chacku Mathai, Celia Brown, Amanda Saake, Noah Gokul**

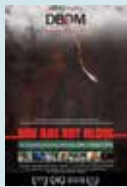
**“Vicarious Resilience”** ..... **Summit 1**



A docu short that follows three Hudson Valley residents as they experience the power of true storytelling and share personal stories about loss and triumph.

**Mental Health Association in Ulster County/TMI collaboration**

**Ellen Pendegar, Denise Ranaghan, Morris Bassik, Eva Tenuto**



**“You are Not Alone”** ..... **Conference Room 4**

A documentary about black, gay men breaking their silence on depression with personal stories, interviews with mental health professions, community leaders and re-enactments.

**Antoine Craigwell, DBGM, Inc., New York, NY**

8:15 pm – 9:15 pm **Cultural Healing and Wellness Story Circle** ..... **Conference Room 3**

The Cultural Healing and Wellness Story Circle will Open a Space for participants to get actively involved in sharing their life experiences through the art of storytelling. Participants will share recovery challenges, health and wellness journeys and the multiple ways to heal human hurt, unlearn stigma and to build multicultural communities of wellness.

**Deborah Wilcox, Confluency Consultant and Associates, Denver, CO**

**Theresa Hall, NYAPRS, West Babylon, NY**

8:15 pm – 9:15 pm **Support Meetings**

**Open Peer Support Meeting** ..... **Summit 3**

**Dual Recovery Anonymous Meeting** ..... **Summit 4**

**LGBTQI Peer Support Meeting** ..... **Summit 5**

**Veterans Peer Support Meeting** ..... **Summit 2**

9:15 pm – 11:00 pm **Chess, Checkers and Dominoes Club** ..... **Lower Lobby**

9:15 pm – 11:00 pm **Open Mic with Mike Skinner** ..... **Terrace View**

9:30 pm – Midnight **DJ & Dancing** ..... **Zephyr Lounge**

## Thursday, September 13, 2018

7:00 am – 8:00 am	<b>Tai Chi for Beginners, with Bryon Abrams</b> .....	<b>Terrace View</b>
7:00 am – 8:00 am	<b>Yoga, with Dagny Alexnder</b> .....	<b>Summit 2</b>
7:30 am – 8:30 am	<b>Breakfast</b> .....	<b>Gaia Hall</b>
8:00 am	<b>Conference Registration</b> .....	<b>Main Lobby</b>

### Workshops Round 3 - 8:30 am – 9:45 am

MR	119	<p><b>At the Heart of Medicaid Redesign</b>..... <b>Pacific Ballroom</b></p> <p>Here's a unique opportunity to have a personal conversation with some of the state officials who have been working to make HARPs, Health Homes, Home and Community Based Services and Value Based Payment work in the face of numerous challenges. No PowerPoints promise!</p> <p><b>Peggy Elmer</b>, <i>Director, Health Home Policy and Program Development, NYS Department of Health, Albany, NY</i>  <b>Nicole Haggerty</b>, <i>Director, Bureau of Rehabilitation Services and Care Coordination, NYS OMH, Albany, NY</i>  <b>Charlotte Carito</b>, <i>Deputy Director, Division of Managed Care, NYS OMH, Albany, NY</i>  <b>Stacey Hale</b>, <i>Bureau of Rehabilitation Services and Care Coordination, NYS OMH, Albany, NY</i>  <b>Liam McNabb</b>, <i>Director, Rehabilitation Services Unit, NYS OMH, Albany, NY</i>  <b>Ilyana Meltzer, MPP</b>, <i>Care Management Bureau Director, OASAS Division of Practice Innovation and Care Management, Albany, NY</i>  <b>Harvey Rosenthal</b>, <i>NYAPRS, Albany, NY</i></p>
E&A	120	<p><b>Addressing Intersectionality within the Peer Movement</b>..... <b>Atlantic Hall</b></p> <p>Intersectionality is a cornerstone of any great human rights framework as it places marginalized populations at the forefront of the battle for equality. However, how could this concept be improved upon within our own movement of peers and psychiatric survivors? How can we further implement intersectionality in order to advance our progress as we contextualize ourselves within broader civil rights progress?</p> <p><b>Sarah Felman</b>, <i>Mental Health Empowerment Project, Troy, NY</i>  <b>Chacku Mathai</b>, <i>Mental Health Association of Rochester, Rochester, NY</i></p>
CJ	121	<p><b>Challenging the Status Quo: Breaking the Mold in the 21st Century</b>..... <b>Conference Room 4</b></p> <p>Peers have been shown to have exemplary results when supporting an individual's recovery. The role of peers has expanded to include forensic peers, peers specializing in substance abuse, and peer-run crisis centers. This interactive discussion is an opportunity for peers to talk about the variety of peer work settings they have experienced and share the impacts they have made. Explore how to make inroads in areas where peers are not fully utilized, including physical health, transition age youth, foster families, school settings, and the geriatric field.</p> <p><b>Clarence Jordan, Lisa Kugler</b>, <i>Beacon Health, Memphis, TN</i></p>
CI	122	<p><b>Addressing the Social Determinants of Health</b>..... <b>Conference Room 6</b></p> <p>This workshop will examine the relationships between competitive integrated employment as a means of social connection and access to affordable housing. We will review the new resources available for people.</p> <p><b>Christopher Coyle, Regina Shoen</b>, <i>NYS Office of Mental Health, Albany, NY</i></p>
PS	123	<p><b>Peer Support in the Context of Managed Care: Keeping our Values in Peer Services</b>..... <b>Terrace View</b></p> <p>This interactive workshop offers a roundtable style discussion exploring how our values of peer support can be upheld in a managed care environment.</p> <p><b>Bill Gamble</b>, <i>Mental Health Empowerment Project, Albany, NY</i>  <b>Tracy Puglisi</b>, <i>Association for Mental Health and Wellness, Ronkonkoma, NY</i></p>

- CC 124 **From Cultural Competency to Cultural Humility** ..... **Conference Room 5**  
 Essential to psychiatric rehabilitation is the relationship between the provider and participant. Issue of privilege and cultural miscues can often interfere with that relationship. The goal of the presentation is to strengthen the training participants' ability to incorporate principles of cultural humility into practice. Issues of intersectionality, privilege and institutional accountability will be discussed as well.  
**Clinton Green, Liz Breier**, *Coalition of Behavioral Health Agencies, New York, NY*
- HHR 125 **Art and Creativity in Recovery & Social Justice** ..... **Summit 3**  
 Art and the creative expressions is part of our everyday activity of daily living. From the conscious to the unconscious, we use art in our everyday lifestyle. When put into Best Practices, ART has been found to heal and recover in any individual from illness onto wellness. It's a powerful tool for political action, activism, and community awareness.  
**Sigfrido Benitez**, *Westbeth Artist Community, New York, NY*
- PS 126 **Effective Implementation of Peers and Community Health Workers: Developing Pipelines and Career Ladders** ..... **Conference Room 3**  
 The NYC Peer and Community Health Worker Consortium worked with peers, community health workers, organizations, payers, and other subject matter experts over 18 months to identify the primary barriers facing peers, community health workers, and employers; and to develop 2 toolkits to address these barriers. One is for peers and community health workers, and the other is for organizations. Both start with self-assessment that yields and individualized collection of curated resources to move forward in the areas where progress is needed to effectively integrate onto teams. For organizations this includes help with planning, hiring, on-boarding, supervision, and outcomes. This workshop will provide a live-demonstration of using these toolkits to advance implementation aims.  
**Aviva Cohen**, *Coordinator, Peer and Community Health Workforce Consortium, NYC Department of Health and Mental Hygiene, New York, NY*
- HHR 127 **Rhythms for Connections: Self Care and Community Care** ..... **Lakeside Tent**  
 This is an interactive experience where participants will connect with their own innate sense of play and the gently healing power of rhythm. Participants may bring their own drum though sufficient instruments will be provided. Sharing a respectful and fun atmosphere, we'll connect to our own heartbeats, develop our abilities to play in community and respond to the rhythms of the natural world. A fun and accessible self-care practice suitable for people of all levels of drumming experience.  
**Chrys Ballerano**, *NYSCASA, Albany, NY*  
**Deborah Faust**, *Mental Health Association of New York State, Albany, NY*

- 9:45 am **Break**
- 10:30 am – 11:30 am **Award Presentations** (see page 4) ..... **Pacific Ballroom**
- 11:30 am – 11:45 am **Break**

Don't miss the hilarious comedy showcase  
 'Stand Up for Mental Health' on Thursday  
 evening at 7:30 in the Atlantic Hall!



## Workshops Round 4 - 11:45 am – 1:00 pm

- PS 128 **Peer Workers as Change Agents: Building our Collective Power** ..... **Pacific Ballroom**  
 Join members of the Institute for the Development of Human Arts (IDHA) for an on-fire conversation about the future of the peer workforce and what it means to be a change agent in the system. Join us as we talk about the trainings we've been doing with peers and clinicians in NYC as well as how peer specialists and mental health activists are organizing mutual aid learning and support communities inspired by The Icarus Project, Hearing Voices Network, Intentional Peer Support, Open Dialogue, Western Mass RLC and other community based projects that are drawing clear lines between clinical work and peer work.  
**Sascha Altman DuBrul**, *Recovery Specialist and Trainer, OnTrackNY, New York, NY*  
**Angel Serrano**, *Peer Counselor, Jacob: ACT Team, Bronx, NY*
- CI 129 **Strategies to Serve New Yorkers with Disabilities in the Most Integrated Settings** ..... **Atlantic Hall**  
 Hear from top state officials about plans to infuse the work of the state's Most Integrated Setting Coordinating Council (MISCC) via the creation of 26 new, regional meetings designed to help improve planning and implementation of services for people with disabilities, focusing in particular on housing, employment and transportation. Give your feedback about the meetings and the hope that they will allow Council members and advocates to engage in system planning at a local level, where many disability-related services are managed.  
**John Allen**, *NYS Office of Mental Health, Albany, NY*  
**Shelly Weizman**, *Assistant Secretary for Mental Hygiene, Albany, NY*
- HHR 130 **The Practice of Self-Appreciation** ..... **Lakeside Tent**  
 Practicing wellness yields positive results. We work hard to take better care of our physical and mental wellbeing to enhance the quality of our lives. Too often though we don't make the time to appreciate our efforts on our own behalf. This workshop will focus on ways to appreciate ourselves for all that labor.  
**Sara Goodman**, *Baltic Street, AEH, Inc., Brooklyn, NY*
- CI 131 **Employment . . . Yes! The Role of Employment in Recovery** ..... **Conference Room 5**  
 Lots of people diagnosed with mental illness want to work, but traditionally few have found competitive employment. This is now changing! This presentation will focus on the importance of employment in the recovery process. Participants will learn strategies for activating individuals for employment services and learn about an approach – Individual Placement and Support – that helps people find meaningful jobs.  
**Paul Margolies, Karen Broadway-Wilson, Raymond Gregory, Thomas Jewell,**  
**Gary Scannevin, Jr.**, *New York State Psychiatric Institute, New York, NY*  
**Len Statham**, *NYAPRS, Inc., Albany, NY*  
**Kathleen Herndon**, *MHA Putnam, Brewster, NY*
- ADM 132 **This is How We Do it! Providing Effective Skills Training Interventions** ..... **Conference Room 4**  
 Most people learn by doing, and yet most of our interventions consist of talking – workshops included! In this experiential workshop, presenters will teach universal steps for facilitating skills-training. Participants will participate in a simulated skills training group, develop a skills training lesson plan, and teach the lesson with real-life props!  
**Amanda Saake, Marlo Pasion**, *Coalition of Behavioral Health Agencies, New York, NY*

### Tracks:

**CI = Community Inclusion**

**CC = Cultural Competence**

**HHR = Health, Healing and Recovery**

**IN = Innovations**

**E&A = Empowerment & Advocacy**

**MR = Medicaid Reform**

**PS = Peer Services**

**TR = Trauma**

**FAM = Families**

**ADM = Administration**

**CJ = Criminal Justice**

- CI 133 **How Accredited Clubhouses in New York and Around the Globe Address the Social Determinants of Health** ..... **Conference Room 3**  
 This workshop will focus on the ways that Clubhouse New York (CNY) Accredited Programs are ideally suited to address the social determinants of health (SDH) as identified by the World Health Organization (WHO) including addiction, employment, food insecurity, housing and social connections and supports. Of prime importance to this workshop is the confidence that Clubhouses offer hope through recovery based services.  
**David Plotka**, *Venture House, Jamaica, NY*  
**Michelle Rabelo**, *Stuart Warren, Clubhouse NY*
- PS 134 **Why do we put Boundaries Around Peer Support?** ..... **Terrace View**  
 Peer support has existed for many years and in many forms throughout healthcare but behavioral health has brought coordination and high standards to the field. We know that the benefits of peer support are universal. Meaningful and mutual support is just as valid for people living with heart disease, diabetes, breast cancer, or other long term health conditions as it is for people living with behavioral health issues. Health care in general has a growing awareness of its benefits and opportunities for us to help grow peer support well beyond the boundaries of behavioral health are opening up. It is time for us to support the idea that peer support should be available to all, no matter which door to healthcare they enter through.  
**Patrick Hendry**, *Mental Health America, Alexandria, VA*  
**Lisa St. George**, *Recovery International, Phoenix, AZ*
- ADM 135 **Peer Supervision: What's Working, How and Why?** ..... **Summit 3**  
 As peer employment continues to increase, peer support, workers partner with non-peer staff in a variety of roles. All workers, including peers, benefit from and need effective supervision and career development. This interactive workshop will build on participants' wisdom, knowledge and expertise to document and share successful peer supervision practices.  
**Jeremy Reuling**, *MHA of Westchester, Tarrytown, NY*  
**Jessica Wolf**, *Decision Solutions, Stratford, CT*
- IN 136 **Bridging the Gap: Expanding Roles and Building Partnerships in Behavioral Health** ..... **Conference Room 6**  
 This session will focus on the development of a psychiatric rehabilitation initiative comprised of innovative programming in a Crisis HUAB, use of CHWs and Peers, and SUD network development. This will include a CHW/Peer training curriculum, review of components of a Crisis HUB, and maturation of a SUD network.  
**Mary Hanrahan, Whitney Ale, Matthew DeMasi**, *New York Presbyterian Hospital, New York, NY*

1:00 pm – 2:00 pm **Lunch** ..... **Gaia Hall**

**2:00 pm – 3:45 pm Keynote**

**Our Stories Tell Us Why We're Here** ..... **Pacific Ballroom**

The panel will draw from their powerful personal experience to reflect on what has helped and what has hurt in their process of healing and recovery.

**Stephanie Campbell, Sascha Altman DuBrul, Carlton Whitmore, Phil Schulman**

3:45 pm **Break**

Be sure to get an appointment at the registration desk for our gifted healers who offer FREE sessions in Shiatsu and Acupuncture.

**Workshops Round 5 - 4:00 pm – 5:15 pm**

- IN 137 **Self-Directed Care Comes to New York** ..... **Pacific Ballroom**  
At long last, self-directed approaches ave been launched in New York! This system provides eligible individuals with the ability to meet their individualized goals through the approved purchase of good and services they identify as critical to their recovery and health. You can sit in programs for years getting ready to go back to work or make a few strategic purchases to get that job! Come hear about how the 2 NYS pilots are faring in the views of both providers and participants.  
**Keith Aquiar, Gloria Lopez**, *Community Access, New York, NY*  
**Bryan Cranna, Faith Davies**, *Independent Living, Newburgh, NY*
- PS 138 **Genuine Peer Support as an Innovative Outreach and Engagement Tool** ..... **Atlantic Hall**  
The key to effective outreach is taking the time to meet individuals “where they are” and put relationships in the forefront. NY State’s only Peer Support I.P.A. will share how they use the practice of peer support as an outreach and engagement tool that results in creating ties to services and increased engagement in self-care and wellness.  
**Jamillah Blair**, *Choice of New Rochelle, NY*  
**Matt Canuteson**, *Mental Health Empowerment Project, Albany, NY*  
**Steve Miccio**, *PEOPLE, Inc., Poughkeepsie, NY*
- CC 139 **Healing Trauma through Applied Life Style Medicine and Cultural Competence** ..... **Conference Room 3**  
Aligned with the principals and values of cultural competency, mental health recovery and peer support, this workshop will address the healing effects of Life Style Medicine on personal trauma, and engage and encourage participants in behavior change. Workshop topics include physical activity, nutrition, addiction, sleep, stress, holistic health, well-being, and the development of a personal  
**Deborah Wilcox**, *Confluency Consultant and Associates, Denver, CO*  
**Theresa Hall**, *NYAPRS, West Babylon, NY*
- TR 140 **The New Frontier: Peer Specialists Working in Criminal Justice Settings** ..... **Lakeside Tent**  
This workshop will highlight the emerging roles for peers with lived experience with both the behavioral health and criminal justice systems. There are different models of training peers and the offering of peer support services. These models include but are not limited to training peers sentenced to long terms in state correctional prisons and peers reentering the community after completing their sentences in jail or prison. This workshop will also explore the challenges to integrating peer specialists in criminal justice settings and the emerging promising practices of how to harmonize recovery values such as choice where due to involvement in the criminal justice system may limit some of the personal choices that are available to peers.  
**LaVerne Miller**, *Policy Research Associates, Delmar, NY*
- E&A 141 **The Power of Language: Observations, Ideas, and a Journey** ..... **Terrace View**  
Facilitators will share with the group their perspective on dignity and social justice - which begins and ends with language. Facilitators will focus on how language impacts and influences outreach, engagement, and support. This workshop will provide a platform for all conference attendees to review and discuss how language defines how recovery and trauma informed people are - and, how to implement recovery based language in their programs.  
**Luis Lopez, Sascha Altman DuBrul**, *Center for Practice Innovations, New York, NY*  
**Celia Brown**, *NYS OMH, New York, NY*  
**Angel Serrano**, *NYC HHC, New York, NY*  
**Kate Hewlett**, *Otsego County Behavioral Health Services, Oneonta, NY*

Savor the smells and taste at our famous  
Thursday evening BBQ at 6:15 outdoors under the tent!



FAM	142	<p><b>Parenting with Dignity: A Recovery Oriented Perspective</b> ..... <b>Conference Room 5</b></p> <p>The workshop will focus on concerns particular to people with behavioral health challenges who are parents of young children. Facilitators will lead a discussion regarding strategies to assess needs, build strengths, and identify resources that celebrate parenting and family connections while maintaining a recovery and social justice oriented perspective for both mothers and fathers.</p> <p><b>Celia Brown</b>, <i>NYS Office of Mental Health, New York, NY</i>  <b>Ellen P. Lukens</b>, <i>Columbia University, New York, NY</i>  <b>Helle Thorning</b>, <i>New York State Psychiatric Institute, New York, NY</i></p>
CCR	143	<p><b>LGBT Mental Health Consumers in the Mental Health System</b> ..... <b>Conference Room 4</b></p> <p>As assembly of veteran psychiatric survivors, mental health consumers will relate their lived experience of thriving in the quest for quality, gay affirming services within the MH system.</p> <p><b>Bert Coffman</b>, <i>Zappalorti Society, New York, NY</i>  <b>Loraine Nunez</b>, <i>Fountain House, Inc., New York, NY</i>  <b>Michael Livote</b>, <i>Ali Fomey Center, Bronx, NY</i>  <b>John Keeley</b>, <i>Staten Island, NY</i></p>
ADM	144	<p><b>Supervision and Successful Employment: Overview of the National Peer Worker Supervision Survey</b> ..... <b>Conference Room 6</b></p> <p>How do peer and non-peer supervisors impact peer workers' attitudes and practice? In an interactive format, we will share national peer supervisor survey findings; explore peer supervisors' perceptions of relapse, stigma, and peer worker tasks; and seek participants' suggestions for future research and guidance to support successful peer worker employment.</p> <p><b>Jessica Wolf</b>, <i>Decision Solutions, Stratford, CT</i>  <b>Dana Foglesong</b>, <i>Magellan Complete Care, Fort Myers, FL</i></p>
CI	145	<p><b>Increasing Employment Outcomes</b> ..... <b>Summit 3</b></p> <p>Work is an essential step on the pathway to Recovery. Supported Employment Evidence-Based Practices promotes the belief that everyone with a serious mental illness is capable of working competitively in the community. We will provide approaches to employment that can be used with a variety of populations and settings to help individuals reach their dreams of employment.</p> <p><b>Regina Kaiser</b>, <i>Dreamcatchers Empowerment Network, Fairfield, CA</i>  <b>Ruth Gonzales, Terry Paterson</b>, <i>Crestwood Behavioral Health, Inc., Sacramento, CA</i></p>
5:30 pm – 6:15 pm		<p><b>NYAPRS Annual Meeting</b> ..... <b>Terrace View</b></p>
6:15 pm – 7:15 pm		<p><b>BBQ, Raffles, music by DJ Jenkins</b> ..... <b>Lakeside Tent</b></p>
7:30 pm – 9:00 pm		<p><b>Stand Up for Mental Health! with David Granirer and comics</b> ..... <b>Atlantic Hall</b></p>
8:30 pm – 9:30 pm		<p><b>Support Meetings</b></p> <p><b>Open Peer Support Meeting</b> ..... <b>Summit 3</b>  <b>Dual Recovery Anonymous Meeting</b> ..... <b>Summit 4</b>  <b>LGBTQI Peer Support Meeting</b> ..... <b>Summit 5</b>  <b>Veterans Peer Support Meeting</b> ..... <b>Summit 2</b></p>
9:15 pm – 11:00 pm		<p><b>Chess, Checkers and Dominoes Club</b> ..... <b>Lower Lobby</b></p>
9:15 pm – 11:00 pm		<p><b>Open Mic with Mike Skinner</b> ..... <b>Terrace View</b></p>
9:30 pm – Midnight		<p><b>DJ &amp; Dancing</b> ..... <b>Zephyr Lounge</b></p>

Don't forget to turn in your conference evaluations and get a raffle ticket for prizes including a Scholarship to the 2019 Conference. You must be present to win any raffles.

## Friday, September 14, 2018

7:00 am – 8:00 am	<b>Intro to Qi-Going, with Bryon Abrams</b> .....	<b>Terrace View</b>
7:30 am – 8:30 am	<b>Breakfast</b> .....	<b>Gaia Hall</b>
8:00 am	<b>Registration</b> .....	<b>Main Lobby</b>

### Workshops Round 6 - 8:30 am – 9:45 am

- |     |     |  |                                 |
|-----|-----|--|---------------------------------|
| PS  | 146 | <p><b>Unique Qualities of the Practice of Peer Support</b> .....</p> <p>Although the roles of peer supporters are many and diverse, there are best practice standards that must cut across your peer support service for it to truly be a best practice. A panel of representatives from NYC's only peer support services I.P.A. will share best practice standards for peer support and how they promote them within their agencies.</p> <p><b>Carrie Hermance</b>, <i>PSNY-IPA, Albany, NY</i><br/> <b>Joe Woodward</b>, <i>Housing Options Made Easy, Gowanda, NY</i><br/> <b>Kevin Smith</b>, <i>Mental Health Peer Connection, Buffalo, NY</i><br/> <b>Sara Goodman</b>, <i>Baltic Street AEH, Inc., Brooklyn, NY</i></p>   | <p><b>Pacific Ballroom</b></p>  |
| MR  | 147 | <p><b>Everything You Wanted to Know About Value Based Payment</b> .....</p> <p>Peer specialists are an integral part of the holistic approach to integrated care, which leads to improved health outcomes for people who participate in services. This workshop explores the role of the peer specialist as an essential part of quality, integrated care and improved health outcomes for people who participate in behavioral health services, with a focus on value based payment environments.</p> <p><b>Daniella Labate, Yves Ades</b>, <i>NYAPRS, Inc., Albany, NY</i></p>   | <p><b>Atlantic Hall</b></p>     |
| HHR | 148 | <p><b>Take Your Life Back: Shopping for Good Person-Centered Treatment for Smoking</b> .....</p> <p>This presentation describes the health disparities and social justice issues surrounding smoking in behavioral health populations. This is followed by practical information and tools to help find a person-centered integrated treatment program for people with behavioral health issues who smoke.</p> <p><b>Forrest Foster, Noah Lipton, Nancy Covell</b>, <i>NYS Psychiatric Institute, New York, NY</i><br/> <b>Digna Quinones</b>, <i>Office of Mental Health, New York, NY</i></p>  | <p><b>Conference Room 5</b></p> |
| MR  | 149 | <p><b>HCBS and Self-Directed Recovery</b> .....</p> <p>Home and Community Based Services differ from other Medicaid Services because the participant is the leader of their treatment. Providers support the individual in their recovery, encouraging trust and providing access to an entire new array of Medicaid funded recovery centered services.</p> <p><b>Honora Stephan, Julie Erdman</b>, <i>Federation of Organizations, Patchogue, NY</i></p>  | <p><b>Terrace View</b></p>      |
| CI  | 150 | <p><b>ACCES-VR: Assisting Individuals with Disabilities to Go to Work: A Dialog with Us</b> .....</p> <p>This workshop will provide an overview of Adult Career and Continuing Education Service-Vocational Rehabilitation (ACCES-VR), services to individuals and businesses. Learn about what is new under the Workforce Innovation and Opportunity Act and our collaborations with our partners. Develop an understanding of how ACCES-VR is meeting the skills needs of industry, preparing the individual to be successful in secondary and post-secondary education, including using apprenticeships, Pre-Employment Transition Services and helping individuals enter or advance in an occupation through Competitive Integrated Employment.</p> <p><b>Jennifer Semonite</b>, <i>Acces-VR, Albany, NY</i></p> | <p><b>Conference Room 4</b></p> |

- MR 151 **How to Build Cross-Sector Partnerships: Lessons from the Healthy Together Referral Network** ..... **Summit 3**  
 This workshop will dive into the Healthy Together Referral Network, a community-wide network led by Alliance for Better Health and powered by the Unite Us technology. The workshop will go over how Alliance built the network, its role in the DSRIP program, and key data and outcomes from the network.  
**Steve Strauss**, *Unite Us, New York, NY*
- CC 152 **Supporting LGBTQI People Comfortable to Share Their Stories; One Man’s Account of Surviving Trauma** ..... **Conference Room 3**  
 This workshop will be the story of my own survival of a sexual assault. I will detail without being overly graphic what happened and the resulting recovery process(es) - physical, emotional and mental while dealing with Lupus and other severe chronic health conditions.  
**David Ruiz**, *Baltic Street AEH, Inc., Brooklyn, NY*  
**Joseph Denne**, *Geneva, NY*
- FAM 153 **Understanding Complex Needs & Palliative Care for Older Adults in Behavioral Health** ..... **Conference Room 6**  
 By 2030, 1 in 5 New Yorkers will be over 60. This session will clarify for participants what the role of palliative care is, how it differs from hospice, and how this care is a value-added support system for all persons with chronic serious illness. Participants will leave with an understanding of the need for advocacy for palliative care, a team based approach that cares for any person that is aging with a co-morbidity of mental illness in order to have equitable access to aging in place support structures.  
**Dr. Shannon King, PsyD, Sandra Lauer, RN, BSN, Kathleen Grimm, MD, MHSc**  
*Erie County Medical Center, Buffalo, NY*
- HHR 154 **Peace Work – Bonded Community Heals** ..... **Lakeside Tent**  
 Peace Work is a remarkably transformative community-building format based on the Alternatives to Violence Project; a group process created by incarcerated people, Quakers and Civil Rights Leaders, in response to the Attica Prison uprising. It is constructed of engaging interactive activities arranged in specific ways to affirm, foster interpersonal skill, share power, build trust, encourage play: invite the life experience and wisdom of each participant forward . . . which ultimately facilitates a deeply bonded community! One in which trauma bubbles gently surface and dissipate. Workshop participants will experience enough of the process to put elements to use in their peer support work.  
**Noelle Pollet**, *Peace Work Heart Circle Consulting, Woodstock, NY*

**10:00 am – 11:00 am Keynote**

**Beyond the Mental Health Bubble: How We Can Unite Social Justice Movements to Create Positive Change** ..... **Pacific Ballroom**

In the political environment in which we live, advocates from across New York and the nation are seeing the essential value of reaching out to unite social justice movements across racial, religious, gender, and disability identifications. In New York City, NYAPRS has supported efforts to bring together representatives of these communities to address the increase in the numbers of reported hate crimes, homelessness, over-representation in the criminal justice system of people and a weakening of the rights of women and LGBTQI individuals. Come learn about this and similar alliances that are forming across the country.

**Oryx Cohen**, *National Empowerment Center, Lawrence, MA*  
**Harvey Rosenthal**, *NYAPRS, Albany, NY*  
**Doris Schwartz**, *New York, NY*

**Tracks:**

**CI = Community Inclusion**

**CC = Cultural Competence**

**HHR = Health, Healing and Recovery**

**IN = Innovations**

**E&A = Empowerment & Advocacy**

**MR = Medicaid Reform**

**PS = Peer Services**

**TR = Trauma**

**FAM = Families**

**ADM = Administration**

**CJ = Criminal Justice**



- CJ 155 **Crisis Intervention Teams and the Community: Partnerships, Responsibility and “MORE”** ..... **Pacific Ballroom**  
 Defining the Crisis Intervention Team (CIT) model is sometimes erroneously presented as only a law enforcement training program. It is important for partnerships within communities to define, structure and engage the CIT model beyond limitation of “just” training. This presentation gives understanding and meaning to necessary core principles sustaining CIT as a community program. The ‘MORE’ of CIT will also include some contemporary experiences where CIT lost identity and ownership; and failed in efforts to sustain CIT as a true community program. Sounds complicated; not really, it will all come together while exploring the “Community” within CIT.  
**Major Sam Cochran, (ret), Chairperson of CIT International, Bartlett, TN**  
**Steve Miccio, PEOPLE, Inc., Poughkeepsie, NY**  
**Carla Rabinowitz, Community Access, New York, NY**
- HHR 156 **The Overdose Plague and the Life Support System in our Communities: How Can We Save Our Loved Ones?** ..... **Atlantic Hall**  
 This workshop investigates how the manifestations of sexual, physical and psychological trauma leading to drug use are closely intertwined; seeking to understand how these events can trigger mental health crises and contribute to the overdose epidemic in our communities. Discussion on the negative impacts of complex societal conflicts on opioid use with emphasis on innovative harm reduction approaches and how it can be applied to the elimination of overdose deaths.  
**Shannon Landy, Lauren Stander, Community Access, New York, NY**
- CC 157 **Confronting Health Inequity** ..... **Terrace View**  
 Achieving health equity requires valuing everyone equally with focused and ongoing societal efforts to address avoidable inequalities, historical and contemporary injustices, and the elimination of health and health care disparities. The presenter will present health and well-being as a human rights that should be afforded to all, based on the patient’s/consumer’s individual needs, and is a matter of social justice – from the perspective of personal bias to systemic racism. Participants will explore personal activities, within their sphere of influence, that could help to address disparities and create a more equitable system and community.  
**Nancy Shelton, Coordinated Care Services, Inc., New York, NY**
- HHR 158 **Paving a New Path . . . for the Arts in New York State** ..... **Lakeside Tent**  
 Are you an arts lover? If so, come lend us your creative thoughts and ideas of how to best develop peer arts programs in New York City and beyond. We will talk about the future of The Living Museum at Creedmore State Hospital. Also Bluebird will present a ppt presentation showing successful peer arts programs in different parts of the country. John Allen, Office of Consumer Affairs, will talk about the background for this exciting project. Gayle Bluebird is an artspreneur and networker who lives in Florida.  
**Gayle Bluebird, Arts Consultant and Entrepreneur, Gainesville, FL**
- PS 159 **Academy of Peer Services – Preparing for the “Real World” of Peer Support and Supervision** ..... **Conference Room 4**  
 The Academy of Peer Services (APS) online courses are a first step in certification, but what are the next steps? The APS team invites conversation about what peer specialists and supervisors need to know to meet real world challenges and to explore ways to learn what they need to know  
**Rita Cronise, Amy Spagnolo, Karen Richards, Annette Backs, APS, New York, NY**

If you need CRC, SW, or LMHC credits or a Certificate of Attendance, please come to the NYAPRS registration desk for the paperwork before the program starts.

- CI 160 **Health Equity Projects and the Recovery Movement** ..... **Conference Room 5**  
 What is health disparity or health equity? One definition is “How do we get more ethnic minority people into mental health treatment?” Another definition is “Why does our community die 25 years younger?” There are many definitions of health equity. However, many projects in the US are addressing health equity in our community without bothering to talk to our community. This workshop is on how Recovery Movement Organizations can find their local Health Equity projects, which tend to have much of the “innovation” money these days. It’s important to engage with these projects. The presentation will touch upon how to participate in the projects, how to promote science-based community engagement and offer a 13-point checklist to tell the difference between tokenism and “being effectively at the table.” We will discuss the tradeoffs between service delivery, advocacy, and public callouts, and why each has a place in the continuum of systems change.  
**Corinna West**, *Poetry for Personal Power, Lawrence, KS*
- IN 161 **Certified Community Mental Health Clinics (CCBHC) – A Year Later** ..... **Conference Room 6**  
 The workshop will review the SUS CCBHC clinic. The presenters will discuss some of the creative approaches used at the clinic. The group will learn about successful recovery based engagement, treatment and services.  
**James Chavez, Sasha Marie Robinson**, *Services for the Underserved, New York, NY*
- E&A 162 **Lessons Learned from Community Access’ Tenant Advisory Group** ..... **Conference Room 3**  
 The Program Participant Advisory Group (PPAG) was developed so Community Access could hear directly from participants about changes needed in the agency and good things that are happening in each program and the agency. Learn how a group of tenants, PPAG, from 22 buildings and non-housing programs came together to form an advisory group to the CEO and senior management staff. This workshop will talk about how this peer driven group overcame its tumultuous beginning and succeeded in developing 4 programs in less than 3 years that are now implemented throughout the agency.  
**Eli Bean, Eugene Smith, Phyllis Fisher**, *Community Access, New York, NY*
- CC 163 **LGBTQ + Inclusive Language** ..... **Summit 3**  
 Language matters. Often people use language that is outdated and insensitive without meaning to. We will talk about how to change your words to be inclusive of all.  
**Krista Zanfardino, Diane Lotto, Melissa Marino**, *CoveCare Center, Carmel, NY*
- PS 164 **A Force to be Reckoned With** ..... **Summit 2**  
 The New York City Peer Workforce Coalition’s main goal is to advance the work of peers who are employed in an array of different behavioral health settings. Peers are trained professionals dedicated to improve their work environments, breaking down stigma, and advancing the peer support workforce in New York City and beyond. Presenters will discuss the past, present, and future of the peer workforce in New York City, as well as talking about the Coalition and its work.  
**Phillip Williams, Helen Skipper, Ivanna Bond-Queneau**, *The New York City Peer Workforce Coalition-Leadership Committee, New York, NY*

- 12:45 pm – 1:00 pm **Break**
- 1:00 pm **Lunch** ..... **Gaia Hall**
- 1:30 pm **Closing Remarks** ..... **Gaia Hall**

The NYAPRS Board of Directors and Staff are very pleased you came to our Conference. Please be sure to fill out the overall conference evaluation and tell us about your experience. It is very helpful in planning for next year’s conference.

*NYAPRS  
wishes to thank the following  
Sponsors*







## A Complete Electronic Record by Human Services for Human Services



Case Management

Client Tracking

Electronic  
Health Record

Federally certified software for  
all your services under one roof.

[footholdtechnology.com](http://footholdtechnology.com)

# Unique vision. Better care.

At Magellan Healthcare, we are leading humanity to healthy, vibrant lives.

We share NYAPRS' commitment to recovery-oriented, community-based mental health services and the use of peer support to help individuals in recovery.



[MagellanHealthcare.com/Medicaid](https://www.MagellanHealthcare.com/Medicaid)

**Magellan**  
HEALTHCARE™

# Recovery. Resiliency. Wellness.

Community Care, a nonprofit behavioral health managed care company, proudly supports the New York Association of Psychiatric Rehabilitation Services.



Community Care is a proud part of the UPMC Insurance Services Division, which also includes UPMC Health Plan, WorkPartners, and UPMC for You (Medical Assistance).





# CCSI

Coordinated Care Services, Inc.  
Innovative Solutions in Human Service Delivery

For more than 25 years, CCSI has partnered with organizations across NYS to provide the specialized management services, technical assistance, and implementation support needed to deliver innovative, high quality services across the behavioral health and human services delivery systems.

## **Fiscal Business Practices**

*Strengthening Fiscal Performance*

## **Human Resources**

*Building and Maintaining a Strong Workforce*

## **Strategic Staffing**

*Meeting Specialized Staffing Needs*

## **Fiscal Officer Supports**

*Optimizing Management of State Funding*

## **Consulting and Implementation Support**

*Strengthening Practice;  
Improving Outcomes*

- ❖ Performance Measurement / Quality Improvement
- ❖ Program Evaluation
- ❖ Value Based Payment Readiness
- ❖ Practice Transformation
  - ◆ Trauma-Informed Practice
  - ◆ Cultural Competence
  - ◆ Motivational Interviewing
- ❖ Strategic Planning

585.328.5190

[www.CCSI.org](http://www.CCSI.org)

[askccsi@ccsi.org](mailto:askccsi@ccsi.org)

1099 Jay Street, Building J  
Rochester, NY 14611



# ACCES

# VR



**Adult Career and Continuing  
Education Services -  
*Vocational Rehabilitation***

**a proud partner of the American Job Center network**

**1-800-222-5627**

**<http://www.acces.nysed.gov/vr>**



**COUNSELING THAT  
EMPOWERS CHANGE**

**CoveCare  
Center**

**Congratulates**

# NYAPRS

for their dedication

to improving support for people in the mental health system

**Dignity, Recovery and Social Justice for All!**

Mental Health Counseling & Treatment • Rehabilitation Services  
Community-Based Services • Substance Use Treatment & Prevention Services

1808 Route Six, Carmel, New York 10512 • Telephone: 845-225-2700 • Fax: 845-225-3207  
[www.CoveCareCenter.org](http://www.CoveCareCenter.org) • [www.Facebook.com/CoveCareCenter](http://www.Facebook.com/CoveCareCenter)

---

The Mental Health Association of Westchester celebrates this year's award winners for their unwavering commitment to mental health and recovery. We congratulate:

**Moe Armstrong • Sam Cochran**  
**Bert Coffman • Amy Colesante**  
**Pat Deegan • Brenda Fields**  
**Victor Pate • Cindy Rodriguez**  
**Clarence Sundram • Doug van Zandt**

The Mental Health Association of New York State's  
**Glenn Liebman**

and our very own  
**Dwayne Mayes**  
Director of the Recovery Network and Peer Training







## Building healthy communities, right here in New York.



1-888-617-8979, TTY: 711  
5 days a week, 8 a.m. to 5 p.m.



[UHCCommunityPlan.com](http://UHCCommunityPlan.com)



# Next is Here

## General Dynamics IT and CSRA are Now One



General Dynamics Information Technology (GDIT) and CSRA are now one company, delivering Information Technology expertise, professional assistance and emerging technologies to help federal, state and local agencies modernize their legacy systems, protect their networks and assets, and improve the effectiveness and efficiency of mission critical functions of government.

GDIT is everywhere you look – in our nation's infrastructure, in training and education, in our 32 year history partnering with New York State and so much more. Find out how GDIT can help you meet your unique requirements, anytime, anywhere and for any mission.

**GENERAL DYNAMICS**  
Information Technology

[gdit.com](http://gdit.com)



**NYAPRS**  
wishes to thank the following  
**Sponsors, Exhibitors and Advertisers**

*Academy of Peer Services*  
*ACCES-VR*  
*Beacon Health Options*  
*Community Care Behavioral Health Organization*  
*Coordinated Care Services, Inc.*  
*CoveCare Center*  
*Families Together in New York State*  
*Foothold Technology*  
*General Dynamics Information Technology*  
*Magellan Healthcare*  
*Mental Health Empowerment Project*  
*MHA of Westchester*  
*Netsmart*  
*New York State Office of Mental Health*  
*New York State Peer Services Certification Board*  
*NYS Workers' Compensation Board*  
*United Healthcare / OPTUM*

**MORE  
THAN  
AN EHR**

Visit our booth to learn why more New York  
providers are using a Netsmart EHR.

[www.ntst.com](http://www.ntst.com) 1.800.472.5509





# NYAPRS Board of Directors

## OFFICERS

### President

**Sue Parrinello**, Riverhead, NY

### Incoming Co-Presidents

**Jeffrey McQueen**, MHA of Nassau County, Hempstead, NY

**Peter Trout**, BHSN, Morrisonville, NY

### Secretary

**Julie Erdman**, Federation of Organizations, Massapequa, NY

### Treasurer

**Steve Coe**, Community Access, New York, NY

### Regional Coordinator Caucus Representative

**Alan Kroeger**, MHA of Westcher, Yorktown Heights, NY

## COMMITTEE CHAIRS

*Board Development*      **Alison Carroll**, Putnam Family & Community Services, Carmel, NY  
**Robyn Krueger**, Community Missions, Niagara Falls, NY

*Cultural Competence*      **Marguerite Gayle**, Jamaica, NY  
**Jeffrey McQueen**, MHA of Nassau County, Hempstead, NY

*Conference*      **Traci Ploufe**, MHA in Essex County, Westport, NY  
**Luis Lopez**, New York State Psychiatric Institute New York, NY

*Employment*      **Kathleen Herndon**, MHA Putnam, Brewster, NY

*Finance*      **Doug Hovey**, Independent Living, Inc., Newburgh, NY

*Fund Development*      **Carla Rabinowitz**, Community Access, New York, NY

*Human Resources*      **Robyn Krueger**, Community Missions, Niagara Falls, NY

*Membership*      **Traci Ploufe**, MHA in Essex County, Westport, NY

*Public Policy*      **Carla Rabinowitz**, Community Access, New York, NY

## REGIONAL REPRESENTATIVES

*Albany-Hudson*      **Maureen Hyatt**, Jawonio, New Hempstead, NY

*Central*      **Bonnie Feldman**, Onondaga Case Management, Syracuse, NY

*Long Island*      **Tiffany Monti**, Moriches, NY  
**Sue Parrinello**, Aid to the Developmentally Disabled, Riverhead, NY  
**Theresa Hall**, West Babylon, NY  
**Jeffrey McQueen**, MHA of Nassau County, Hempstead, NY

*New York City*      **Charles Sanchez**, ICL, New York, NY  
**Carla Rabinowitz**, Community Access, New York, NY  
**Sheron Milliner**, Bronx, NY  
**Annie Leavitt**, New York, NY

*North Country*      **Kelli Trombley**, MHA in Essex County, Westport, NY  
**Traci Ploufe**, MHA in Essex County, Westport, NY

*Southern Tier*      **Kim Taro**, MHA of Southern Tier, Binghamton, NY  
**Lori Albrechta**, Catholic Charities of Broome County, Binghamton, NY

*Westchester/Putnam*      **Alan Kroeger**, Mental Health Association of Westchester, White Plains, NY  
**Kathleen Herndon**, Brewster, NY  
**Debra Pascarella**, CoveCare Center, Carmel, NY

*Western New York*      **Daniel Neal**, Community Missions, Niagara Falls, NY

# NYAPRS Staff

## ADMINISTRATIVE STAFF

Harvey Rosenthal, Executive Director

Ismat Alam, CFO

Denise Ranaghan, Director of Peer Services

Eileen Crosby, Office Manager

Julie LaFrano, Executive Assistant

Isma Pervaiz, Administrative Assistant

Saad Khalid, Accountant

David Ferencz, Community Outreach Specialist

Colleen Sheehan, Statewide Training Specialist

## PEER SERVICES DIVISION

### HEALTHFIRST MEDICAID MANAGED CARE

Julian Brown

Hussein Razi-Bey

Kimberly Smith

### OFFICE OF MENTAL HEALTH

Malachi Bess

Burnest Crumpler

Yvonne Sierzant

Ruth Casey

Maryann Donnelly-Sigona

Khadijah Foster

Lisa Noonan

Kevin Marks

### ST. JOHN'S HOSPITAL

Tyrone Garrett

### APS

Maryam Husamudeen

## SYSTEMS TRANSFORMATION

Edye Schwartz, Director

Ruth Colon-Wagner, Director of Training and Development

Len Statham, Director of Employment and Economic Self-Sufficiency Initiatives

Daniella Labate, Director of Managed Care Readiness Initiatives

Larry Hochwald, NYC-LI Training and Technical Assistance Facilitator

Robert Statham, Training and Technical Assistance Facilitator

Perryn Dutiger, Training and Technical Assistance Facilitator

## CONSULTANTS

Jackie Negri, Negri Management Resources, LLC

Dick Jaros, PROS and Clinic Initiatives

Yves Ades, Managed Care

Kevin Cleary, Government Relations



## **Beacon is a proud sponsor of the 36th NYAPRS Annual Conference.**

We believe everyone has a right to recovery. We stand with NYAPRS to advocate for meaningful mental health recovery which offers dignity, respect, and social justice.

Beacon is the country's leading behavioral health services company. Visit our booth and online at [www.beaconhealthoptions.com](http://www.beaconhealthoptions.com) to learn more.

