



**Central New York
Field Office**

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Cultural Competence Resource List

Compiled by the OMH CNYFO Cultural Competence Committee

Updated August 2015

The purpose of this document is to assist staff with locating resources for implementing cultural and linguistic competence. This is not a comprehensive list or an endorsement of the websites listed.

A REGIONAL DIVISION OF THE OFFICE OF MENTAL HEALTH

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Cultural Competence Resource List

Where Can I Find Information on.....?

Cultural Competence Educational Resources and Tools

- OMH Bureau of Cultural Competence Webpage Resources:
http://www.omh.ny.gov/omhweb/cultural_competence/resources.html
- Agencies contracted by NYS OMH for Cultural Competence
 - Nathan Kline Institute (NKI) Center of Excellence in Culturally Competent Mental Health: <http://ssrdqst.rfmh.org/cecc/>
 - NYS Psychiatric Institute Center of Excellence for Cultural Competence: <http://nyculturalcompetence.org/>
- National Resources
 - US Department of Health and Human Services Office of Minority Health (HHS OMH): <http://minorityhealth.hhs.gov/>
 - HHS OMH - Think Cultural Health: <https://www.thinkculturalhealth.hhs.gov/>
 - National Center for Cultural Competence <http://nccc.georgetown.edu/>
- Other
 - NYS DOH Office of Minority Health and Health Disparities Prevention (OMH-HDP) <http://www.health.ny.gov/community/minority/resources.htm>
 - University of South Florida CLC HUB Resource Library http://cfs.cbcs.usf.edu/projects-research/CLChub_disparities.cfm



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Where Can I Find Information on.....?

Interpreters and other Language Resources

- OMH Bureau of Cultural Competence List of Translators and Interpreters:
http://www.omh.ny.gov/omhweb/cultural_competence/translation/
- Additional resources for Assisting the Hearing Impaired
 - New York Relay Service 7-1-1: <http://www.nyrelay.com/>
 - Majorie Clere Interpreter Referral Service (MCIRS) Serving CNY:
<http://www.auroraofcny.org/home/>
- Training for staff on working with interpreters: *[Bridging Culture Distance & Interpreters: Why Language and Culture Matters in Behavioral Health Services](http://www.omh.ny.gov/omhweb/cultural_competence/engagement.html)*
http://www.omh.ny.gov/omhweb/cultural_competence/engagement.html

The screenshot shows the Office of Mental Health website. At the top, it says 'Office of Mental Health' with the names of the Commissioner and Governor. Below that is a navigation menu with 'Home', 'News', 'Data & Reports', 'Publications', 'Resources', 'Employment', and 'A-Z Site Map'. A search bar is in the top right. The main content area has a 'Health Advisory: Increase in Synthetic Cannabinoid-Related Adverse Events and ER Visits' and a 'Mental Health Resources' section. A starburst graphic points to a 'Get Free Language Assistance' section which lists languages: Spanish, Chinese, Russian, and Italian.

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Where Can I Find Information on.....?

Free Cultural Competence Training

In-person:

- Contact NYS OMH
http://www.omh.ny.gov/omhweb/cultural_competence/training/

On-line Training/Presentations

- OMH Bureau of Cultural Competence Learning Units:
http://www.omh.ny.gov/omhweb/cultural_competence/learning_curriculum.html
- NKI Center for Excellence in Cultural Competence
 - Cultural Competency in Mental Health Programs: Training Video
<http://ssrdqst.rfmh.org/cecc/index.php?q=node/78>
 - Toolkit to Adapt Evidence Based Practices to Increase Cultural Competence
<http://ssrdqst.rfmh.org/cecc/index.php?q=node/394>
- The National LGBT Health Education Center
 - On Demand- Webinars
<http://www.lgbthealtheducation.org/training/on-demand-webinars/>
- YMSM+LGBT CoE
 - <http://www.ymsmlgbt.org/webinars/>
- National Technical Assistance Center for Children's Mental Health
 - Webinar Series <http://gucchdtacenter.georgetown.edu/webinars.html>
- STAR Center
 - Archived Webinars
http://www.consumerstar.org/resources/Webinar_Archive.html



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Where Can I Find Information on.....?

Resources for Religion and Spirituality

- Website with a broad base of information on many different faiths of both monotheistic and polytheistic structure: <http://www.belief.net>
- Editorial writers from multiple faith traditions speaking out on trending news and attitudes within society and within each faith. Good for finding topics and opinions of practitioners of multiple faiths: <http://www.patheos.com>
- Editorial and news source on multiple religions, their practices, beliefs and struggles: <http://www.huffingtonpost.com/religion>
- Interfaith Works of Central New York is a group of local interfaith leaders who can be used as a reference point <http://www.interfaithworkscny.org>

List compiled by M. Hudson – Syracuse University Chaplin



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Where Can I Find Information on.....?

Military and Veteran Resources

- New York State Division of Veterans Affairs (Veterans Services Officers can be accessed for each county): <http://www.veterans.ny.gov/>
- SAMHSA: http://www.integration.samhsa.gov/clinical-practice/Veterans_Guide_2015.pdf
- Veteran and Military Service Organizations Directory: http://www.va.gov/vso/VSO-Directory_2013-2014.pdf
- US Department of Veterans Affairs National Center for PTSD: <http://www.ptsd.va.gov/professional/treatment/cultural/index.asp>
- Star Center Resource List <http://www.consumerstar.org/resources/Veterans.html>



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Where Can I Find Information on.....?

Demographic Data

- OMH County Profile Portal: <http://bi.omh.ny.gov/cmhp/index>
- US Census: <http://www.census.gov/>
- Nathan Kline Institute:
<http://ssrdqst.rfmh.org/cecc/index.php?q=node/459>
- Office Of Minority Health:
<http://minorityhealth.hhs.gov/omh/browse.aspx?lvl=1&lvlid=4>
- National Partnership for Action to End Health Disparities:
<http://minorityhealth.hhs.gov/npa/templates/browse.aspx?lvl=1&lvlid=43>
- OMH Bureau of Cultural Competence Statistics and Reports:
http://www.omh.ny.gov/omhweb/cultural_competence/stats.html
- Healthy People 2020 <http://www.healthypeople.gov/>



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Where Can I Find Information on.....?

L-G-B-T-Q-S2

- The National LGBT Health Education Center
<http://www.lgbthealtheducation.org/>
- The Center of Excellence on Racial and Ethnic Minority Young Men Who Have Sex with Men and Other Lesbian, Gay, Bisexual, and Transgender Populations (YMSM+LGBT CoE)
<http://www.ymsmlgbt.org/>
- Empire State Pride Agenda - <http://www.prideagenda.org/>
- Native American Two Spirit Belief (S2)
<http://www.dancingtoeaglespiritsociety.org/twospirit.php>
- SAGE Upstate (supports older individuals in Cayuga, Cortland, Jefferson, Madison, Oneida, Onondaga and Oswego)
<http://www.sageupstate.org/>



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Where Can I Find Information on.....?

Refugee and Immigrant Assistance

- New York State Office of Temporary and Disability Bureau of Refugee and Immigrant Assistance (BIRA)
<https://otda.ny.gov/programs/bria/>
- BIRA Provider Directory (includes local resources across NYS)
<https://otda.ny.gov/programs/bria/providers/default.asp?region=Central#result>



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Health Literacy

- Plain language: <http://www.plainlanguage.gov/index.cfm>
- Office of Disease Prevention and Health Promotion:
<http://www.health.gov/communication/>
- Health Resources and Services Administration online-webinar & tools:
 - Effective Healthcare Communication
<http://www.hrsa.gov/publichealth/healthliteracy/>
 - Culture, Language & Health Literacy
<http://www.hrsa.gov/culturalcompetence/index.html>
- Center for Literacy: <http://www.centreforliteracy.qc.ca/node/174>
 - Online Course: “You talk to your patients, but do they understand..” <http://www.centreforliteracy.qc.ca/news/accredited-hl-online-course>



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Where Can I Find Information on.....?

Stakeholder Engagement

- OMH Office of Consumer Affairs Webpage Resources:
http://www.omh.ny.gov/omhweb/consumer_affairs/
- Families Together of NY State: <http://www.ftnys.org/>
- OMH Multicultural Advisory Committees (MAC):
 - Statewide:
http://www.omh.ny.gov/omhweb/cultural_competence/SMAC/
 - Central Region:
http://www.omh.ny.gov/omhweb/cultural_competence/MAC/
- Cultural Competence & Health Literacy Committees in DSRIP
 - Performing Provider Systems by County (CC/HL is in Domain 1)
http://www.health.ny.gov/health_care/medicaid/redesign/dsrip/pps_map/index.htm



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Legislation related to Cultural Competence

- Statutes and Standards:
http://www.omh.ny.gov/omhweb/cultural_competence/regs.html
- CLAS Legislation Map:
<https://www.thinkculturalhealth.hhs.gov/Content/LegislatingCLAS.asp>
- Health Disparities: State Laws:
<http://www.ncsl.org/research/health/health-disparities-laws.aspx>
- Plain Writing Act:
<http://www.plainlanguage.gov/plLaw/law/index.cfm>



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Where Can I Find Information on.....?

Rural Mental Health Considerations

- Rural Assistance Center: <https://www.raonline.org/states/new-york>
- Minorities and Rural Health
<http://www.hrsa.gov/publichealth/healthliteracy/>
- NKI “Cultural Profiles: Rural Americans”
<http://ssrdqst.rfmh.org/cecc/index.php?q=node/78>



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Other Resources

- Syracuse University Office of Multicultural Affairs
<http://multicultural.syr.edu/>
- Cultural Activation Prompts: A tool to promote consumer cultural activation
<http://ssrdqst.rfmh.org/cecc/index.php?q=node/457>



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Where Can I Find Information on.....?

Self-Assessments (Personnel Level)

- National Center for Cultural Competence (Georgetown University)
 - Promoting Cultural Diversity and Cultural and Linguistic Competency: Self-Assessment Checklist for Personnel Providing Services and Supports to LGBTQ Youth and their Families
<http://nccc.georgetown.edu/documents/Final%20LGBTQ%20Checklist.pdf>
 - Promoting Cultural Diversity and Cultural Competency: Self-Assessment Checklist for Personnel Providing Behavioral Health Services and Supports to Children, Youth and Their Families
<http://nccc.georgetown.edu/documents/ChecklistBehavioralHealth.pdf>
 - Promoting Cultural Diversity and Cultural and Linguistic Competency: Self-Assessment Checklist for Staff of Residential Programs Providing Behavioral Health Services and Supports to Children, Youth, and their Families
http://nccc.georgetown.edu/documents/NCCC_ChecklistResidentialProgram.pdf
 - Promoting Cultural and Linguistic Competency Self-Assessment Checklist for Personnel Providing Primary Health Care Services
<http://nccc.georgetown.edu/documents/Checklist%20PHC.pdf>
 - Additional Self-Assessments, Checklists and Assessment Resources
<http://nccc.georgetown.edu/resources/assessments.html>



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Where Can I Find Information on.....?

Self-Assessments (Organizational or Program Level)

- NYS OMH Bureau of Cultural Competence: Assessments
http://www.omh.ny.gov/omhweb/cultural_competence/assessment_tools.html
- National Center for Cultural Competence (Georgetown University)
 - Cultural and Linguistic Competence Policy Assessment (CLCPA)
<http://clcpa.info/>
 - The Cultural and Linguistic Competence Family Organization Assessment
<http://gucchdgeorgetown.net/NCCC/CLCFOA/>
 - Additional Organizational Self-Assessments and Resources
<http://nccc.georgetown.edu/foundations/assessment.html>
- Georgetown University Center for Child and Human Development
 - Phases for Conducting a Cultural and Linguistic Competence Organizational Self-Assessment of LGBT Capacity
http://gucchdgeorgetown.net/data/issues/2013/0513_article.html
- Nathan Kline Institute Center of Excellence in Culturally Competent Mental Health
 - Program-Level/Agency-Level Cultural Competency Assessment Scale
<http://ssrdqst.rfmh.org/cecc/index.php?q=node/36>
- Support, Technical Assistance and Resources (STAR) Center
 - Cultural Competency in Mental Health Peer-run Programs and Self-help Groups: A Tool to Assess and Enhance Your Services
http://www.consumerstar.org/pubs/SC-Cultural_Competency_in_Mental_Health_Tool.pdf